



Vidyasagar University

Midnapore, West Bengal

721102



3.6.4 : Supporting Documents



Reports of the event

OUTREACH PROGRAMME ON NUTRITIONAL STATUS ASSESSMENT OF ADULT AND GERIATRIC PERSON,

Date- 14/12/2022, Vanue -Nepura village

Volunteers reached Nepura Primary School in the morning and informed the villagers about the scheduled programme. At the same time, some of the volunteers made the necessary arrangements to start the programme. By 11 O'clock the interested villagers arrived at the camp location and various anthropometric measurements were taken and noted down. Some of them were under nutrition, so they were given respective advice by the volunteers for betterment of their health. By 2 O'clock the camp ended.



16/12/2024
Programme Unit
NSS Unit -IX
Vignansar University, All India

Dental Check-up Camp

Organised by: **National Service Scheme**

UNIT –IX (Dept. of Biomedical Laboratory Science and Management)

VIDYASAGAR UNIVERSITY

Date- 11/12/2022, Sunday, Vanue -Nepura village, time - 10.00 a.m to 1.00 p.m

The camp was organised with the help of Dr. Ardhendu Samanta by NSS Unit-IX, Dept. of Bio-Medical Laboratory Science & Management, Vidyasagar University at Nepura Primary School. Volunteers along with their Programme Officer reached the venue on time & informed the villagers about the initiation of the camp. Villagers are benefitted those having any kind of dental issues registered their name and cooperated to wait for the doctors to arrive at the camp. The doctors were heartily welcomed by volunteers & the camp began. The patients were given the prescribed medicines at free of cost. 107 villagers were benefitted. The volunteers and the villagers were very cooperative and patience for the entire time and the camp ended well.



15/12/2022
Programme Officer
NSS Unit -IX
Vidyasagar University, Midnapore

Check-up Camp

Organised by -**National Service Scheme**

UNIT -IX (Dept. of Biomedical Laboratory Science and Management)

VIDYASAGAR UNIVERSITY

Date -10/12/2022, Saturday, Place- Nepura village Time 10.00 a.m to 2.00 p.m

The camp was organised by NSS Unit-IX, Dept. of Bio-Medical Laboratory Science & Management, Vidyasagar University in cooperation with Midnapore Rotary Eye Hospital at Nepura Primary School. The volunteers reached the venue at 10 O' clock in the morning and gathered fifty villagers who have problem with their eyes and they were asked to wait for the doctors to arrive. The doctors were welcomed by NSS unit-IX and the camp started. The villagers were very supportive and cooperative in the entire time. The patients were given medicines in free of cost after their check-up. Fifty villagers were checked -up their eyes and among them 15 patients were given the opportunity or cataract operation in free of cost. The volunteers were very energetic and enthusiastic during the entire



NSS Unit-IX
10/12/2022

Legal awareness camp

Organised by: **National Service Scheme**

UNIT –IX (Dept. of Biomedical Laboratory Science and Management)

VIDYASAGAR UNIVERSITY

Date-13/12/2022, Tuesday, time – 3p.m-5 p.m Vanue -Nepura village

At 4 O'clock legal awareness camp was held by district Legal Service Authority. The villagers gathered at the Nepura Primary School ground for the camp. The judge Mr. Dibyendu Nath and advocate arrive at the camp location and gave their informative speech about the legal matter. The villagers asked their queries and they were given the respective solutions.



15/12/2022
Programme Officer
NSS Unit -IX
Vidyasagar University, Kolkata

Village cleaning programme

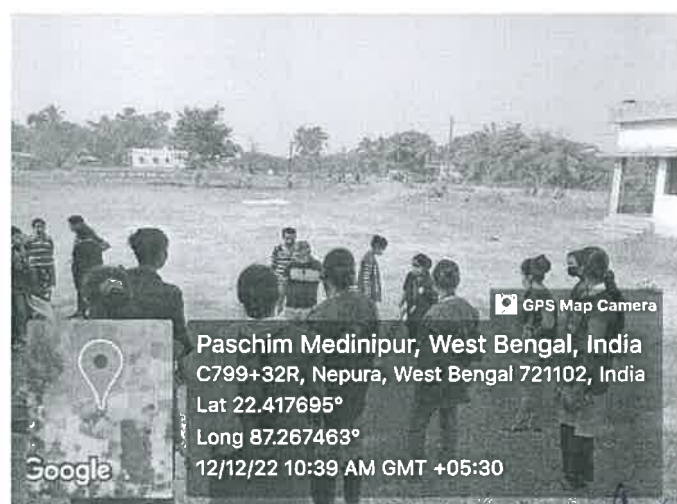
Organised by: **National Service Scheme**

UNIT –IX (Dept. of Biomedical Laboratory Science and Management)

VIDYASAGAR UNIVERSITY

Date -12/12/2022 Monday , Place- Nepura village, 10.00 a.m onwards

Volunteers reached the camp ground early in the morning. They arranged the necessary equipment as needed for the cleaning purpose. Then they started the cleaning, at first the surrounding of the camp. They tried their best to clean every possible area of the village with zest & zeal. The students of the school also offered their helping hands to the volunteers. After finishing the cleaning programme, volunteers collected data as well as informed the villagers about the legal advisory to be conducted on the next day.



Brief Report: Mushroom Training Camp in Jeter Village Bhatpara and its Adjoining Areas

Organizer: NSS Unit XI, Vidyasagar University, in collaboration with the Department of Botany (Prof. D.D. Bandopadhyay as the master trainer)

Funding: National Service Scheme (NSS) & Indian Council of Social Science Research (ICSSR) Major Research Project (MRP)

Date: 2023

Participants: 15 individuals

Introduction:

NSS Unit XI of Vidyasagar University, in collaboration with the Department of Botany and with funding support from the NSS and ICSSR MRP, organized a Mushroom Training Camp in Jeter Village Bhatpara and its adjoining areas. The camp aimed to impart knowledge and practical skills in mushroom cultivation to enhance livelihood opportunities and promote sustainable agriculture practices in rural communities.

Objectives:

To provide hands-on training in mushroom cultivation techniques to participants.

To empower rural communities with the skills and knowledge to generate income through mushroom farming.

To promote sustainable agricultural practices and diversification of livelihood options in rural areas.

Activities:

The Mushroom Training Camp encompassed a series of interactive sessions and practical demonstrations:

Theoretical Sessions: Prof. D.D. Bandopadhyay, the master trainer, conducted theoretical sessions on the basics of mushroom cultivation, including species selection, substrate preparation, spawn inoculation, and cultivation methods. Participants were introduced to the nutritional benefits of mushrooms and the market potential of mushroom farming.

Practical Demonstrations: Hands-on training sessions were organized where participants learned techniques such as sterilization of substrate materials, inoculation of mushroom spawn, and maintenance of optimal environmental conditions for mushroom growth. The master trainer provided step-by-step guidance, ensuring participants gained practical skills and confidence in mushroom cultivation.

Field Visits: Participants were taken on field visits to nearby mushroom farms to observe commercial-scale mushroom cultivation practices and interact with experienced farmers. These visits provided valuable insights into the operational aspects of mushroom farming and served as inspiration for participants to embark on their own cultivation ventures.

Group Discussions: Interactive group discussions were facilitated to address participants' queries, share experiences, and brainstorm strategies for overcoming challenges in mushroom cultivation. Participants engaged in knowledge sharing and peer learning, fostering a supportive learning environment.

Outcomes:

The Mushroom Training Camp yielded several positive outcomes:

Enhanced Skills: Participants acquired practical skills and knowledge in mushroom cultivation, empowering them to initiate and manage their own mushroom farming enterprises.

Income Generation: The training equipped participants with an additional source of income through mushroom farming, contributing to poverty alleviation and economic empowerment in rural communities.

Promotion of Sustainable Agriculture: The camp promoted sustainable agricultural practices by introducing a low-input, high-output farming option that utilizes agricultural waste as substrate material for mushroom cultivation.

Community Empowerment: By imparting valuable skills and knowledge, the camp empowered participants to become self-reliant entrepreneurs and change agents within their communities.

Conclusion:

The Mushroom Training Camp organized by NSS Unit XI, Vidyasagar University, in collaboration with the Department of Botany, was instrumental in promoting livelihood opportunities and sustainable agriculture practices in rural areas. By equipping participants with practical skills in mushroom cultivation, the camp has the potential to catalyze socio-economic development and enhance food security in the region. Moving forward, continued support and capacity-building initiatives are essential to sustain and scale up the impact of mushroom farming as a viable livelihood option for rural communities.

Relevant geo-tagged snaps as supporting document:

Professor D.D. Bandopadhyay, Master-trainer and Dr D. Roy, Organizer with the participants in the Mushroom Training Camp among the Jetor people -



Professor D.D. Bandopadhyay, Master-trainer working with the participants in the Mushroom Training Camp among the Jetor people -



Being instructed by Professor D.D. Bandopadhyay, Master-trainer, a Jetor community person named Sri Kachiram Ghorai has prepared a mushroom-bed on his own-





Being instructed by Professor D.D. Bandopadhyay, Master-trainer, an interested NSS volunteer, Pintu Mandal of Unit XI (English) is trying to learn the process of making seed-bed for mushroom cultivation-





Report: Yoga Training Camp in Jetor Village Bhatpara, Paschim Medinipur

Organizer: NSS Unit XI (English), Vidyasagar University

Yoga Master Trainer: Ms. RakhiPatar

Funding: National Service Scheme (NSS), Vidyasagar University & Indian Council of Social Science Research (ICSSR) Major Research Project (MRP)

Date: 2023

Participants: 20 individuals

Introduction:

In a collaborative effort between NSS Unit XI (English) of Vidyasagar University and funded by the National Service Scheme (NSS) along with the Indian Council of Social Science Research (ICSSR) Major Research Project (MRP), a Yoga Training Camp unfolded in the serene village of Jetor, Bhatpara, PaschimMedinipur. The camp served as a conduit for promoting holistic well-being through the practice of yoga and meditation.

Objectives:

Introducing participants to the profound principles of yoga for holistic health and wellness.

Equipping participants with practical skills in various yoga asanas (postures), pranayama (breathing techniques), and meditation practices.

Cultivating mindfulness and stress management techniques to enhance mental resilience and emotional balance.

Activities:

The Yoga Training Camp comprised an array of structured activities tailored to meet its objectives:

Yoga Sessions: Led by the adept guidance of Ms. RakhiPatar, participants engaged in daily yoga sessions encompassing a spectrum of asanas, pranayama, and meditation practices. These sessions aimed at enhancing physical vitality, mental clarity, and spiritual harmony.

Mindfulness Workshops: Interactive workshops on mindfulness and stress management were conducted to foster self-awareness and emotional regulation among participants. Techniques such as mindful breathing and body scanning were imparted to cultivate present-moment awareness.

Health Talks: Informative sessions elucidating the myriad health benefits of yoga and meditation were delivered, shedding light on stress reduction, immune system fortification, and overall well-being enhancement. Participants gained insights into the science-backed evidence supporting yoga's efficacy in promoting holistic health.

Outdoor Yoga Sessions: Amidst the tranquil ambience of Jetor Village, participants immersed themselves in rejuvenating outdoor yoga sessions, connecting with nature and harnessing its therapeutic essence. These sessions provided a serene backdrop for deepening the yoga practice and fostering a sense of inner peace.

Group Reflections: Reflective group discussions were facilitated, allowing participants to share their experiences, insights, and challenges encountered during the training. Through mutual support and shared reflections, participants gleaned valuable lessons and deepened their understanding of yoga's transformative potential.

Outcomes:

The Yoga Training Camp yielded multifaceted outcomes:

Physical Vitality: Participants experienced enhanced physical vitality, flexibility, and stamina through regular yoga practice.

Mental Clarity: The practice of yoga and meditation fostered mental clarity, emotional resilience, and stress reduction among participants.

Community Harmony: The camp nurtured a sense of community and camaraderie among participants, fostering a supportive environment for personal growth and collective well-being.

Lifestyle Integration: Participants embraced yoga as a way of life, incorporating mindfulness practices and healthy lifestyle habits into their daily routines for sustained well-being.

Conclusion:

The Yoga Training Camp orchestrated by NSS Unit XI (English), Vidyasagar University, served as a transformative journey towards holistic well-being and self-discovery. Through the practice of yoga and meditation, participants embarked on a path of physical vitality, mental clarity, and emotional balance. The camp exemplified the profound impact of yoga in fostering harmony within oneself and the community, underscoring its timeless relevance in promoting holistic health and wellness.

Relevant Geo-tagged pictures:

Children of Bhatpara, Paschim Medinipur have joined the Yoga Training Camp organized by the NSS Unit XI (English), Vidyasagar University as part of Regular NSS activities



Master-trainer Ms Rakhi Patar training the children at the Yoga Training Camp in Bhatpara village organized by the NSS Unit XI (English), Vidyasagar University as part of Regular NSS activities-



Report: Free Dental Check-up Camp and Distribution of Medicine in Jetor Village, Bhatpara, Paschim Medinipur

Organizer: NSS Unit XI (English), Vidyasagar University, in collaboration with the Indian Dental Association (IDA), Midnapore, and the Internal Quality Assurance Cell (IQAC)

Funding: National Service Scheme (NSS) & Indian Council of Social Science Research (ICSSR) Major Research Project (MRP)

Date: 2023

Participants: 20 individuals

Introduction:

NSS Unit XI (English) of Vidyasagar University, in conjunction with the Indian Dental Association (IDA), Midnapore, and the Internal Quality Assurance Cell (IQAC), organized a transformative initiative - a Free Dental Check-up Camp and Distribution of Medicine - in Jetor Village, Bhatpara, PaschimMedinipur. The camp aimed to address dental health disparities and provide essential dental care services to the underserved population of the village.

Objectives:

To conduct comprehensive dental check-ups and screenings to identify oral health issues among villagers.

To provide free dental treatment and distribute essential medicines to individuals in need.

To raise awareness about the importance of oral hygiene and dental care practices.

Activities:

The Free Dental Check-up Camp and Distribution of Medicine comprised the following activities:

Dental Check-ups: Qualified dental professionals conducted thorough dental examinations for participants, assessing oral health conditions, detecting dental issues such as cavities, gum disease, and oral infections.

Treatment Provision: Participants diagnosed with dental problems received free dental treatment, including tooth extractions, fillings, and dental cleanings. Essential medicines, such as antibiotics and pain relievers, were distributed to individuals requiring medication.

Oral Health Education: Educational sessions on oral hygiene practices and preventive dental care were conducted to raise awareness among participants. Information on proper brushing techniques, flossing, and dietary habits conducive to good oral health was provided.

Distribution of Dental Supplies: Dental supplies such as toothbrushes, toothpaste, and dental floss were distributed to participants to encourage and support ongoing oral hygiene practices at home.

Referrals for Specialized Care: Individuals requiring specialized dental care or further treatment were referred to dental clinics or hospitals for follow-up care. Volunteers facilitated referrals and provided assistance in accessing additional healthcare resources.

Outcomes:

The Free Dental Check-up Camp and Distribution of Medicine yielded several positive outcomes:

Improved Oral Health: Participants received essential dental care services, addressing immediate oral health issues and promoting overall oral well-being.

Access to Treatment: Underserved individuals gained access to free dental treatment and medications, overcoming barriers to healthcare access and affordability.

Empowerment Through Education: Participants were empowered with knowledge and skills to maintain optimal oral hygiene practices, reducing the risk of dental diseases and promoting overall health.

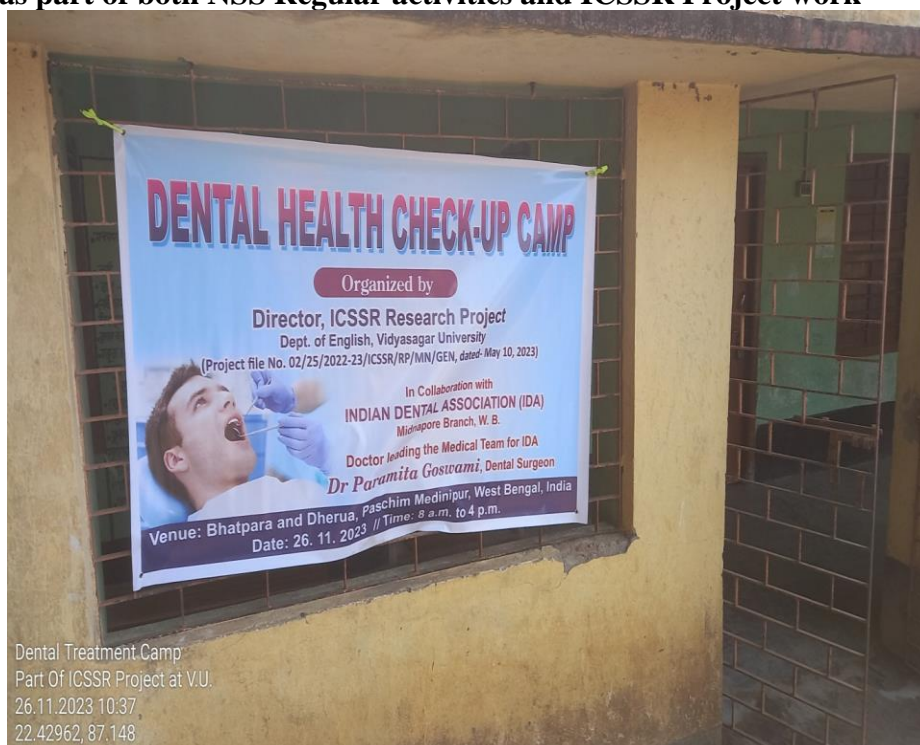
Community Engagement: The initiative fostered community engagement and participation in oral health promotion activities, strengthening awareness and collective efforts towards improving oral health outcomes in the village.

Conclusion:

The Free Dental Check-up Camp and Distribution of Medicine organized by NSS Unit XI (English), Vidyasagar University, in collaboration with IDA Midnapore and IQAC, exemplifies the spirit of service and commitment to community health and well-being. By providing essential dental care services and promoting oral hygiene awareness, the initiative contributes to reducing oral health disparities and promoting oral health equity in the village community. Through collaborative efforts and ongoing advocacy for preventive dental care, the NSS unit endeavors to create a lasting impact on the oral health outcomes of underserved populations.

Relevant pictures:

Dental Check-up Camp organized by the NSS Unit XI (English) of Vidyasagar University as part of both NSS Regular activities and ICSSR Project work



Dr Paromita Ganguly and Assistant to the doctor Prabir Da before entering the Dental Check-up Camp in Bhatpara, Paschim Medinipur



Report: Language and Cultural Survey among the Kurmal Language Community in Jhargram

Organizer: Department of English Language, Vidyasagar University - Literature and Cultural Studies

Nature: Part of Curricular Activities

Date: 2023

Participants: 25 individuals

Introduction:

The Department of English Language at Vidyasagar University, focusing on Literature and Cultural Studies, undertook a significant initiative - a Language and Cultural Survey - among the Kurmal Language Community in Jhargram. This endeavor aimed to explore and document the linguistic and cultural heritage of the Kurmal community, enriching academic research and fostering cultural preservation.

Objectives:

To conduct a comprehensive survey to understand the language dynamics, dialectal variations, and sociolinguistic features among the Kurmal language speakers.

To document and preserve the oral traditions, folklore, rituals, and cultural practices of the Kurmal community for future generations.

To raise awareness about the linguistic and cultural diversity of the Kurmal community and promote intercultural dialogue and understanding.

Activities:

The Language and Cultural Survey encompassed a series of activities aimed at achieving its objectives:

Field Surveys: Researchers conducted field surveys and ethnographic interviews with members of the Kurmal community to gather data on language use, language attitudes, and sociocultural practices. These surveys provided insights into the linguistic landscape and cultural dynamics of the community.

Language Documentation: Linguistic data, including vocabulary, grammar, and language structures, were systematically recorded and analyzed to document the Kurmal language. Audio and video recordings were made of oral narratives, songs, and folk tales to preserve the intangible cultural heritage of the community.

Cultural Mapping: Cultural mapping exercises were conducted to identify significant cultural landmarks, traditional knowledge systems, and community resources. These mappings facilitated the documentation of cultural practices, rituals, and festivals unique to the Kurmal community.

Community Engagement: The survey fostered community engagement and participation, with community members actively contributing to the research process through knowledge sharing, storytelling, and cultural demonstrations. This collaborative approach promoted trust and reciprocity between researchers and community members.

Data Analysis and Reporting: Research findings were analyzed and synthesized to produce comprehensive reports and academic publications documenting the linguistic and cultural characteristics of the Kurmali community. These outputs contributed to scholarly research and cultural preservation efforts.

Outcomes:

The Language and Cultural Survey among the Kurmali Language Community yielded several noteworthy outcomes:

Linguistic Insights: The survey provided valuable insights into the linguistic diversity, language vitality, and sociolinguistic dynamics of the Kurmali language.

Cultural Preservation: Oral traditions, folklore, and cultural practices of the Kurmali community were documented and preserved for future generations, safeguarding the community's cultural heritage.

Community Empowerment: Community members were empowered through active participation in the research process, fostering a sense of ownership and pride in their cultural identity.

Academic Contribution: Research findings contributed to scholarly literature in the fields of linguistics, anthropology, and cultural studies, enriching academic discourse on language and culture.

Conclusion:

The Language and Cultural Survey conducted by the Department of English Language, Vidyasagar University, among the Kurmali Language Community in Jhargram exemplifies the university's commitment to academic excellence and cultural preservation. By documenting and celebrating the linguistic and cultural heritage of the Kurmali community, the survey underscores the importance of linguistic diversity and cultural pluralism in fostering social cohesion and mutual understanding. Moving forward, continued efforts in language documentation and cultural preservation are essential for promoting linguistic and cultural diversity as integral components of human heritage.

Students of the Department of English, Vidyasagar University, interacting with the resource persons of Kurmali language community of Jhargram -



Students of the Department of English, Vidyasagar University, interacting with the resource persons of Kurmali language community of Jhargram-



Dr Debdas Roy Associate Professor , Dept. of English , Vidyasagar University along with the students of his group interacting with the Kurmali Language Experts



Report: Free Distribution of Saplings in Jetor Village, Sarpal, Banstala, and Mandalpara of Gomuriapal

Organizer: NSS Unit XI (English), Vidyasagar University, in collaboration with the Department of Forestry, Government of India

Funding: National Service Scheme (NSS) & Indian Council of Social Science Research (ICSSR) Major Research Project (MRP)

Date: 2023

Participants: 20 individuals

Introduction:

NSS Unit XI (English) of Vidyasagar University, in collaboration with the Department of Forestry, Government of India, initiated a significant environmental endeavor by organizing a Free Distribution of Saplings in Jetor Village, Sarpal, Banstala, and Mandalpara of Gomuriapal. The primary aim was to enhance green cover, promote biodiversity, and foster environmental consciousness among the local populace.

Objectives:

Distribute saplings to residents for planting, thereby enriching the region's greenery.
Raise awareness about the importance of tree plantation and environmental conservation.
Encourage community involvement in sustainable environmental practices.

Activities:

Sapling Distribution: A variety of saplings, including indigenous trees, fruit-bearing varieties, and ornamental plants, were distributed to residents.

Planting Demonstration: Demonstrations on proper planting techniques were conducted to ensure successful sapling establishment.

Environmental Awareness: Sessions were held to educate participants on the ecological benefits of trees and the significance of environmental conservation.

Community Engagement: Residents were encouraged to actively participate in tree plantation drives and assume stewardship roles in nurturing the planted saplings.

Follow-up Monitoring: Post-distribution, follow-up visits were conducted to assess sapling survival rates and provide additional support as needed.

Outcomes:

Increased Green Cover: The distribution of saplings contributed to augmenting greenery and biodiversity in the region.

Environmental Awareness: Participants gained a deeper understanding of the ecological significance of trees.

Community Empowerment: Residents were empowered to actively participate in environmental conservation efforts.

Ecosystem Benefits: The establishment of new tree plantations is expected to yield long-term benefits such as improved air quality and soil stability.

Conclusion:

The Free Distribution of Saplings organized by NSS Unit XI (English), Vidyasagar University, underscores the importance of community-driven environmental initiatives. By engaging

residents in tree plantation activities, the initiative not only enhances green cover but also promotes environmental awareness and community empowerment. Continued efforts are essential to sustain and expand the impact of such initiatives in fostering environmental stewardship and sustainability.

Saplings ready to be distributed among the Jetor village people of Sarpal, Banstala and Mandalbakul-



Jetor people are collecting saplings from Dr Debdas Roy, Programme Officer , NSS Unit XI and Director, ICSSR Project –



People of Sarpal, Banstala and Mandalbakul, Paschim Medinipur were glad to receive the saplings



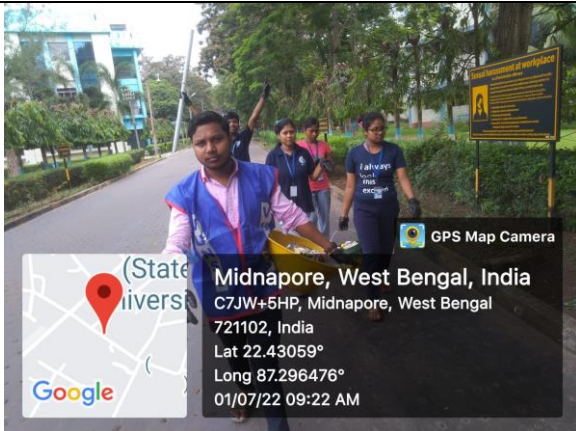
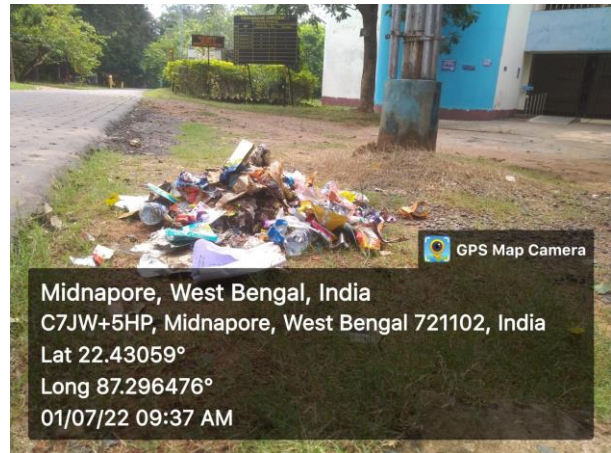
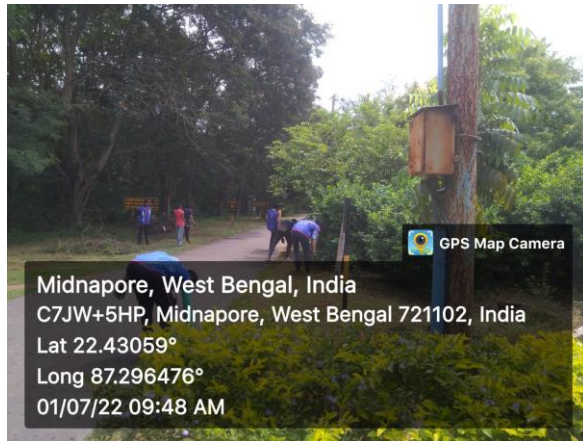


Unnat Bharat Abhiyan Organized by Department of Geography



Meri Maati Mera Desh Organized by Department of Geography

CAMPAIGN AGAINST THE USE OF “SINGLE-USE PLASTIC”



On July 1, 2022, the Department of History at V.U. organized an awareness campaign to support India's nationwide ban on single-use plastic. The NSS Unit III (Department of History) assisted with the campaign, and the Program Officer provided guidance. Volunteers worked to keep the campus plastic-free on that day, contributing to its success.

Har Ghar Tiranga 2022



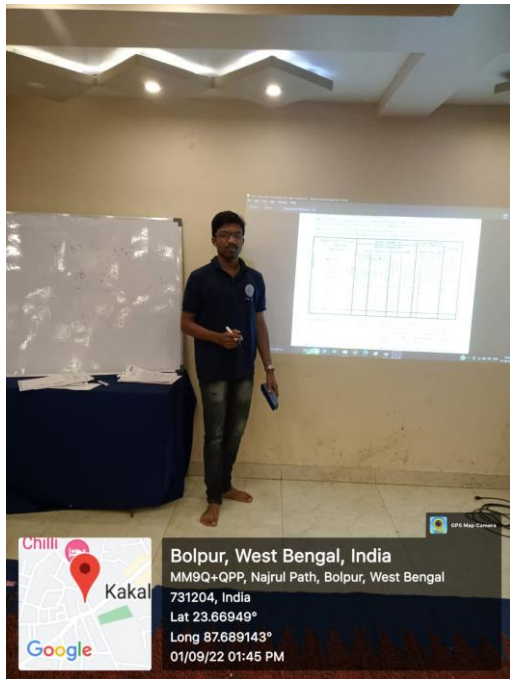
The Department of History, in collaboration with the NSS Unit - III (History Department), organized the "Har Ghar Tiranga 2022" campaign at Khejurdanga village, an adopted village of the History Department. This event took place on 14 August 2022 to foster patriotism, promote respect for the national flag, and honor the unsung heroes of India's freedom struggle. Furthermore, a quiz was also held for the village children to spread awareness about the history of India and the path towards independence. It was a highly informative and interactive session which was fruitful for the children as they learnt about the independence of our country through fun activities and discussion. The program also provided an opportunity to connect with the residents of the adopted village, which is often challenging in today's busy and private world.

Blood Donation Camp



The NSS Unit III (History Department), in collaboration with NSS Units I & II and with the help of the Red Ribbon Club, organized a Blood Donation Camp at Radhakrishnan Hall on August 30, 2022. The NSS Programme Coordinator, Professor Debdulal Bandyopadhyay, inaugurated the camp. A blood bank team comprising doctors, nurses, and technicians helped organize it. Many students from the Department of History displayed true humanitarian spirit by participating in the camp enthusiastically. Throughout the day, there were smiles all around - a true embodiment of what we believe in - selfless service with a smile. Out of them, 17 participants, including the Programme Officer of Unit III, donated blood. Furthermore, three students from the Department donated blood in another Blood Donation Camp, organized by the Red Ribbon Club and NSS Units VI, IX & XI, at DDE Hall on 26 September 2022.

ASER VILLAGE SURVEY



Kush Rana, a student from the Department of History and an active volunteer of the NSS Unit-III, attended a six-day state-level residential training program organized by ASER Centre at Bolpur's Green Chilli Hotel in Birbhum from August 30th to September 4th, 2022. Following this, Kush actively participated as a master trainer in the district-level training held at Vidyasagar University from September 7th to 9th, 2022. In connection with this, eight students from the History Department conducted survey work during September and October in different villages of Paschim Medinipur.

TEACHERS'S DAY CELEBRATION



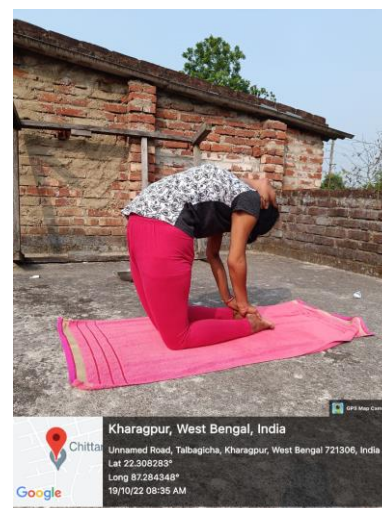
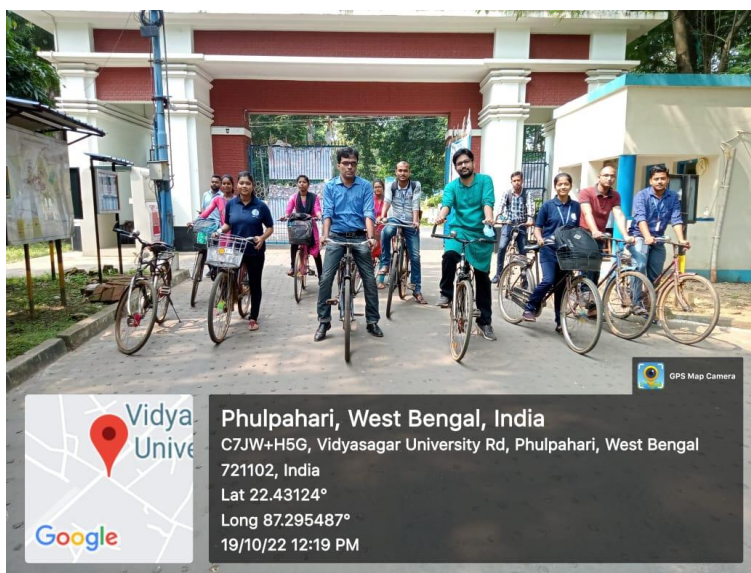
The Department of History students, in collaboration with the NSS volunteers, celebrated Teachers' Day to express gratitude for their teachers. The event began with the ceremonial watering of a sapling, followed by a tribute to Dr. Sarvepalli Radhakrishnan, one of the world's best and most influential twentieth-century scholars of comparative religion and philosophy and the second President of India. All faculties and non-teaching staff were present to grace the occasion. Students expressed gratitude towards teachers by delivering excellent speeches, singing songs, and reciting poems. In connection with this, NSS Coordinator Professor Debdulal Bandyopadhyay was given a gift as a token of deep gratitude from the volunteers, wishing him a Happy Teacher's Day. The students and faculties enjoyed the celebration and spent some memorable time in the busy schedule.

BIRTHDAY CELEBRATION OF PANDIT ISHWAR CHANDRA VIDYASAGAR



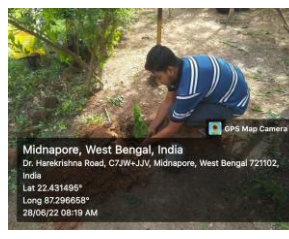
On the occasion of Pandit Ishwar Chandra Vidyasagar's birth anniversary in 2022, the Department of History, along with the NSS Unit—III, organized a wonderful program on the Gopegarh Gramin Prathamik Vidyalaya campus. The program started around 8:30 a.m. Volunteers and local dignitaries came together to garland Vidyasagar's photo and share stories of his remarkable life. Many children and residents of Khejurdanga village joined in with great enthusiasm, making the event a huge success!

FIT INDIA FREEDOM RUN



On 19 October 2022, the Department of History organized the 'Fit India Freedom Run' with the help of the NSS Unit—III. The aim of the event was to promote fitness and freedom from obesity, laziness, stress, anxiety, and diseases. It encouraged students to take charge of their own health by participating in fitness programs and sending photos of such activities. The Department organized a bicycle rally on the campus as part of the event. Both teachers and students actively participated in the rally to highlight the importance of cycling in today's world.

TREE PLANTATION



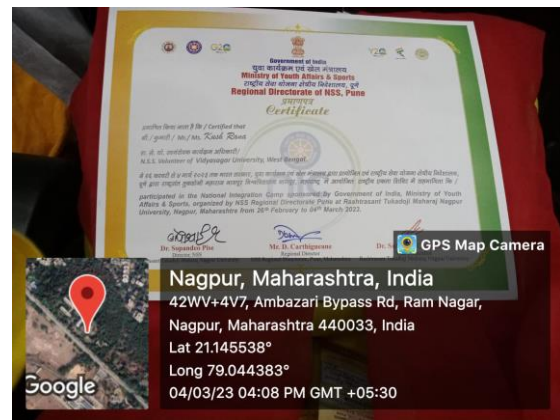
The Department of History, with the assistance of the NSS Unit III, encouraged students to plant trees on the campus. Throughout the year, students planted saplings and diligently watered the plants. These initiatives generated significant enthusiasm on campus.

EAST ZONE PRE-REPUBLIC DAY PARADE CAMP—2022



Mr. Subhendu Jana, a student of the History Department and an active volunteer of the NSS Unit—III, participated in the NSS East Zone Pre-Republic Day Parade Camp. The camp was organized by the Ministry of Youth Affairs & Sports, Government of India, with the assistance of the NSS Regional Directorate. It was held at the University of Kalyani from November 16 to November 25, 2022. We are very proud of his participation.

NATIONAL INTEGRATION CAMP AT RASHTRASANT TUKADOJI NAGPUR UNIVERSITY



Mr. Kush Rana, a Department of History student and an NSS Unit III volunteer, actively participated in the National Integration Camp sponsored by the Government of India, Ministry of Youth Affairs & Sports. The camp was organized by NSS Regional Directorate Pune at Rashtrasant Tukadoji Maharaj Nagpur University, Maharashtra, from February 26 to March 4, 2023. The Department wishes him every success in life.

DAY – 1

ASER SURVEY 2022 SURVEYORS LIST



JAHANPUR

Gopiballavpur – II

Gopinath Pal

Manoranjan Maity

KAYMA

Gopiballavpur – II

Kamal Das

Santanu Giri

DUMARIA

Gopiballavpur – I

Sukumar Chand

Purnima Saren

MANINATHPUR

Narayanagarh

Raima Shit

Santanu Hui

BISHRA

Midnapore

✓ Subhendu Jana

✓ Dipankar Maity

CHAKTARINI

Salboni

Pritam Mahata

Shrabanti Das

CHAK CHANDI

Pingla

Sunanda Bera

Sudipa Samanta

DHAMRO

Binpur – I

Tarun Kumar Majhi

Suman Rajak

SHALIKA

Kharagpur – I

Anukul Sarkar

Mahuya Mishra

RAMGARH

Binpur – I

Anjana Mahata

Sutapa Barman

SHASHINDA

Narayanagarh

Nandita Dey

Dipankar Jana

KALAPUNJA

Debra

✓ Debarati Das

✓ Sanku Maity

NEKRA KHUNDA

Midnapore

Rinku Shaw

Shilpi Das

NAOYAGAN

Sabang

Krishnendu Das

Shilpayan Ghatak

HAPRAYA

Sankrail

Pintu Bera

Soumen Panda

LENGA MARA

Keshiary

Aparna Ghanta

✓ Sucharita Patbandha

PURSHURI

Chandrakona – I

Purnima Bera

Rajib Bag

BASANTAPUR

Debra

Dipa Karmakar

Dipali Manna

KISMAT BAGJHAPA

Jhargram

Pallab Bishui

Rabin Manna

KAMARGERE

Chandrakona – I

Banashree Soren

Dipak Kumar Kar

MAHESHPUR

Chandrakona - II

Riya Ojha

Sucheta Jana

DAY – 2

GARURNA

Daspur - II

- ✓ Suman Bera.
- ✓ Satarupa Samanta.

BAGBERIA

Kharqapur - I

- ✓ Subhendu Jana
- Krishnandu Das

AGARKHANA

Gabeta - I

- Santanu Giri.
- Kamal Das.

PATHRABERIA

Gabeta - II

- Shilpayan Ghatak.
- Sangit Ghosh.

HIJLI

Keshpur

- Dipak Kumar Kar.
- Sukumar Chand.

SHITALPUR

Gabeta - II

- Pallab Bisui
- Rabin Manna

BHEMWA

Sabang

- Suman Rajak
- Tarun Kumar Majhi

KASHIDA

Mohanpur

- ✓ Kush Rana (MT)
- Manoranjan Maity

BARASAHAPUR

Mohanpur

- Shilpa Mondal (MT)
- Aparna Ghanta

REPORT On THE WINTER SPECIAL CAMP

BY NSS- UNIT IV

Vidyasagar University (Dept. of Philosophy)

FROM 13TH FEBRUARY TO 19TH FEBRUARY 2023



13.02.2023 to 19.02.2023

REPORT OF THE WINTER SPECIAL CAMP CONDUCTED BY NSS- UNIT IV (PHILOSOPHY) FROM 13TH FEBRUARY TO 19TH FEBRUARY

Day 1 – 13.02.2023 (Monday)

The NSS special winter camp conducted by Unit IV of NSS, Vidyasagar University from 13th to 19th of February 2023 began with the inauguration ceremony by the Registrar of Vidyasagar University Dr. Jayanta Kishore Nandi. However The inauguration was done by watering the sapling. As the unit consists of the student of the Department of Philosophy, the session was chaired by the Head of the Department of Philosophy, Professor Bhupendra Chandra Das. Apart from the Head of the Department, other faculties of the Department Professor Tapan Kumar De, and Professor Jhadeswar Ghosh also were preset. Like the Registrar Dr. Nandi did, they also mentioned various dimensions and significance of NSS and NSS special camp. Programme officer Dr. Sreejith K. K. thanked Registrar Dr. Nandi who inaugurated the camp. He also thanked all the other distinguished faculties who attended the session.



After the inaugural session, Dr. Nandi delivered a lecture with a lot of interaction and exercises on the basics of management. The NSS volunteers found it very engaging and exciting. After this talk cum interaction session the volunteers were dispersed for lunch. After the lunch break,



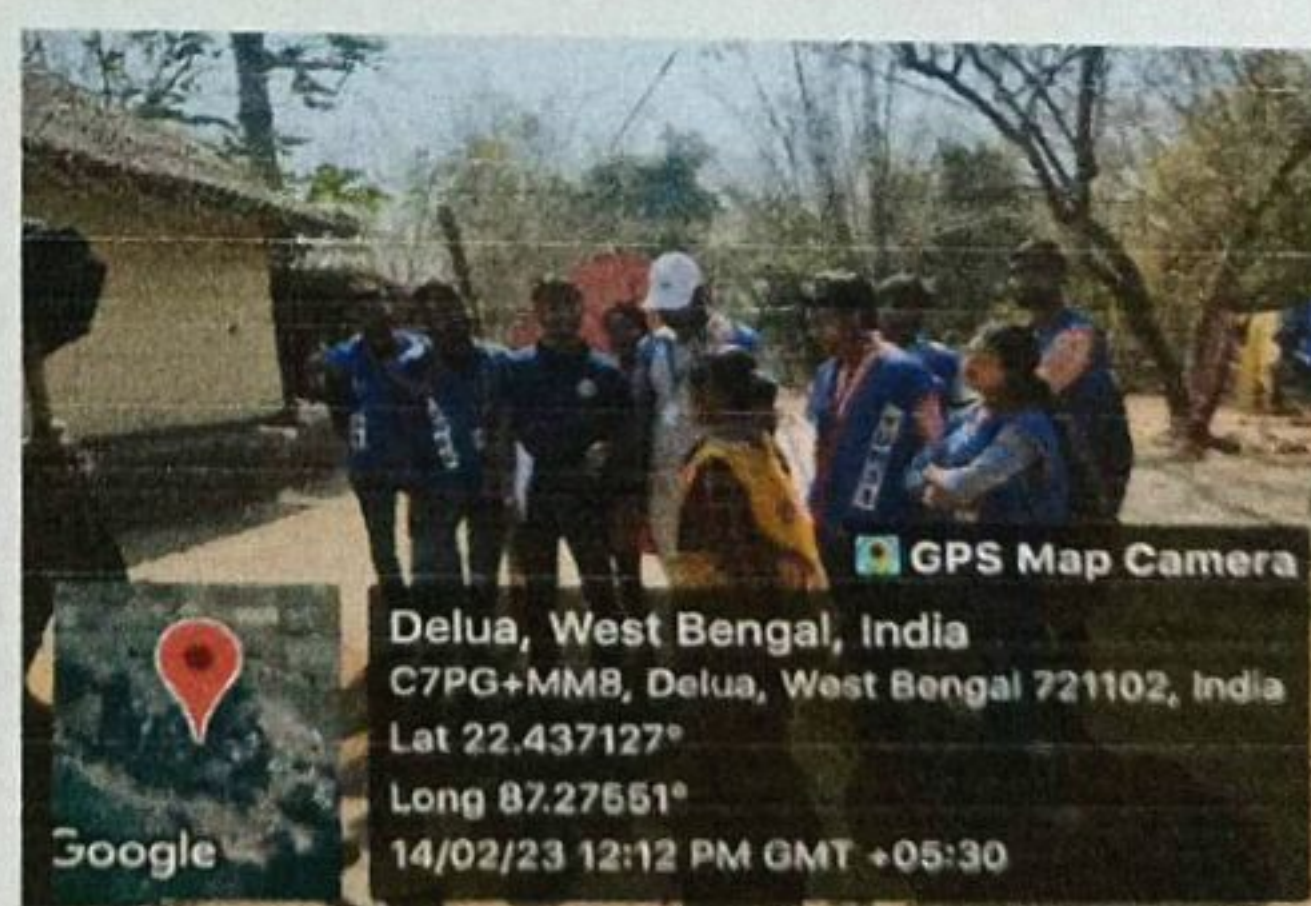
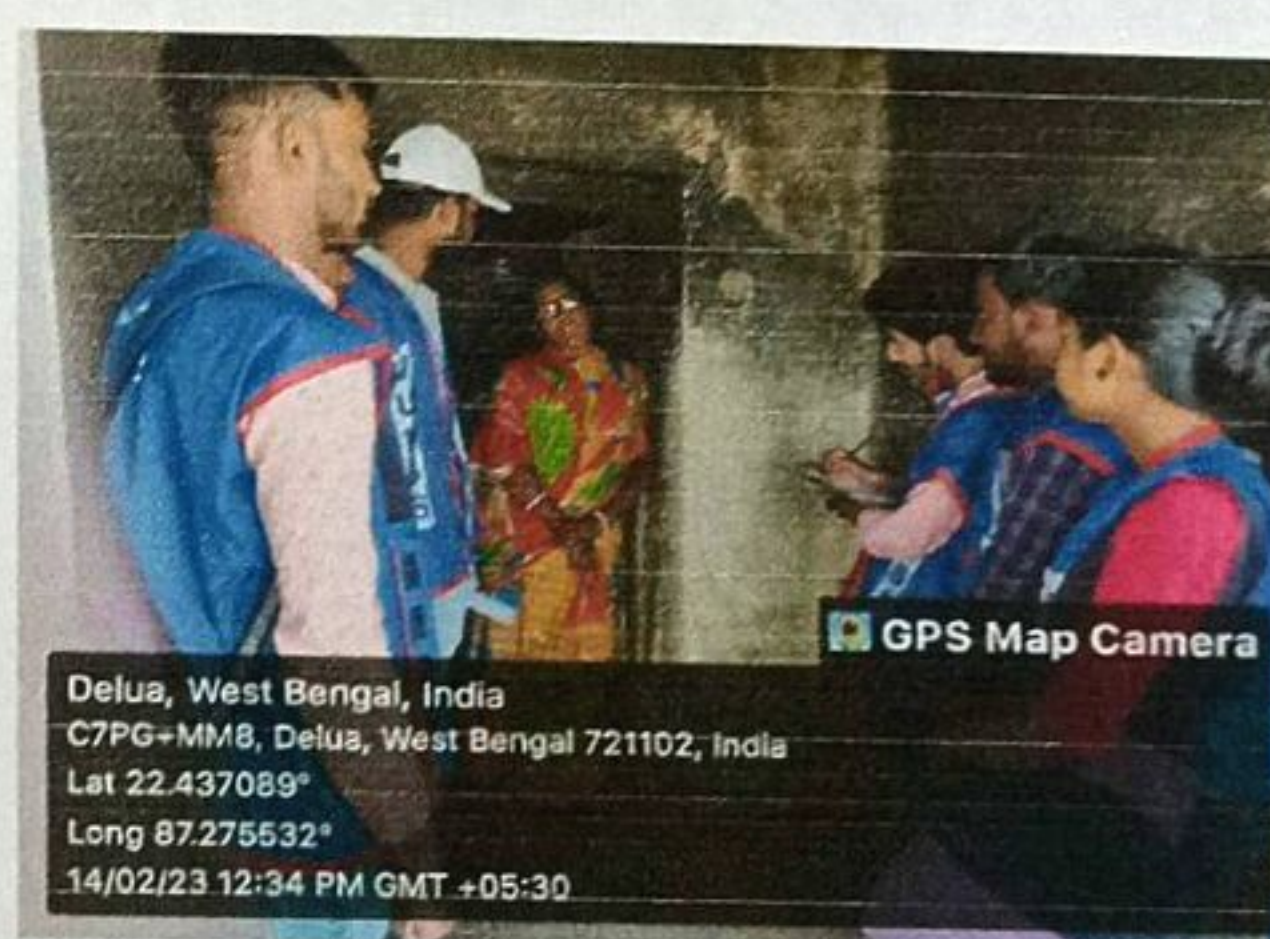
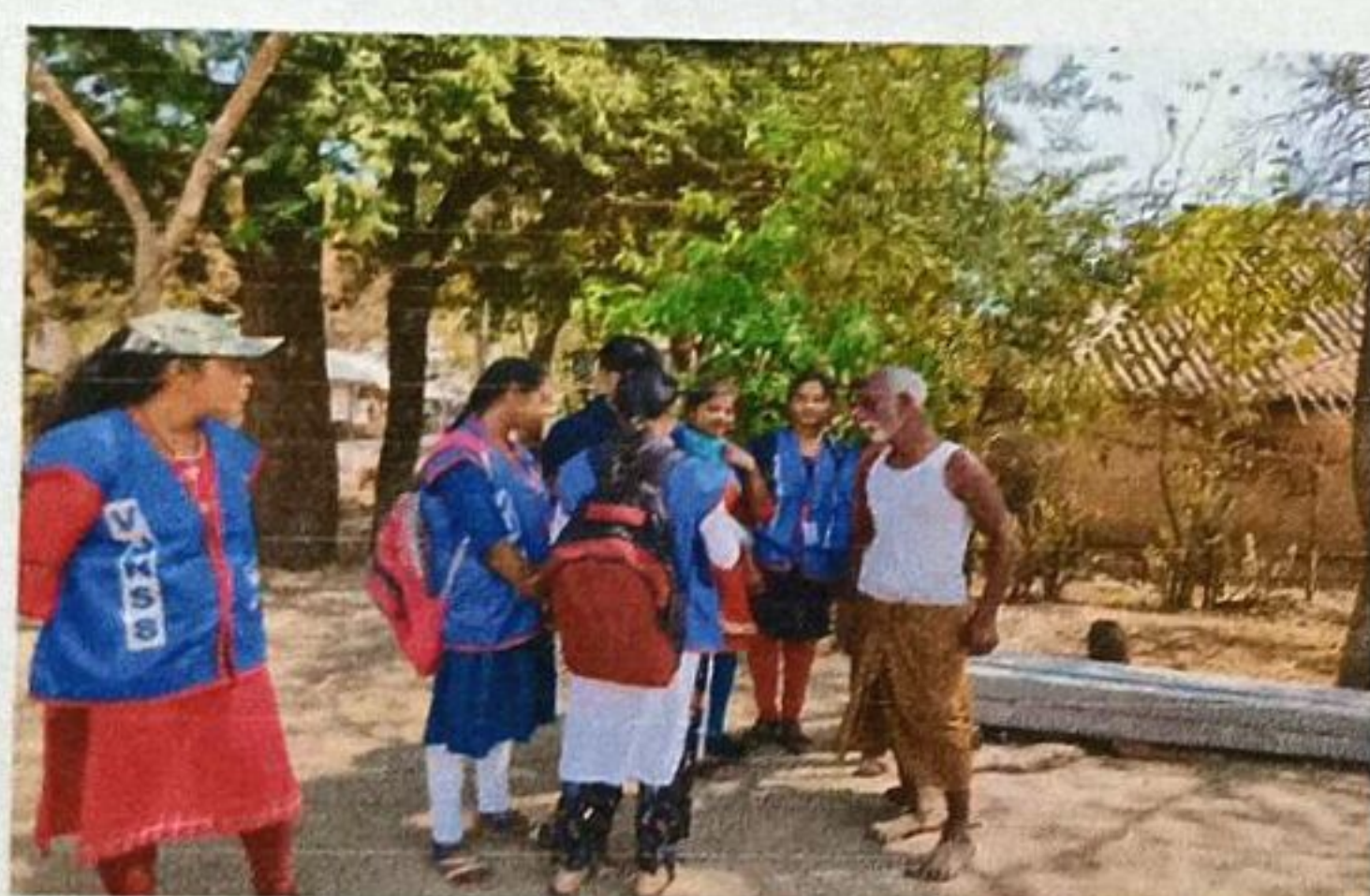
In the next session, post lunch, the program officer Dr. Sreejith K. K explained the volunteers the plan of the camp in detail. He underscored the need of punctuality and discipline throughout the camp. The volunteers were divided into various groups and they were assigned various duties.

Day 2 – 14.02.2023 (Tuesday)

Volunteers were reported for the yoga practice at the University ground at 7 am in the morning. The yoga practice went on till 8.30 am.

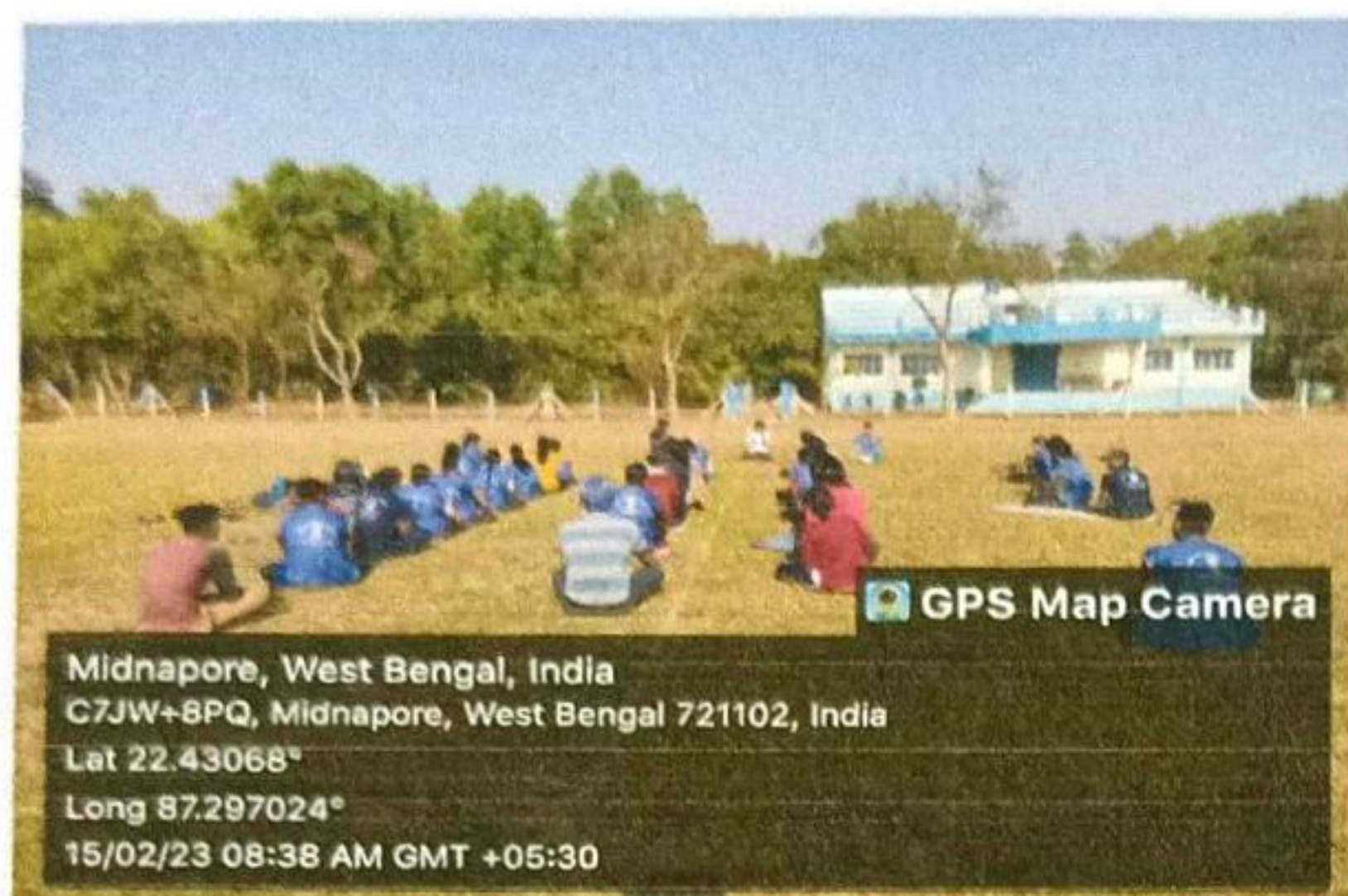


After the breakfast, volunteers conducted village survey by visiting each home and collected responses on the form. Volunteers conducted cultural programme during the afternoon session which showcased their talents.

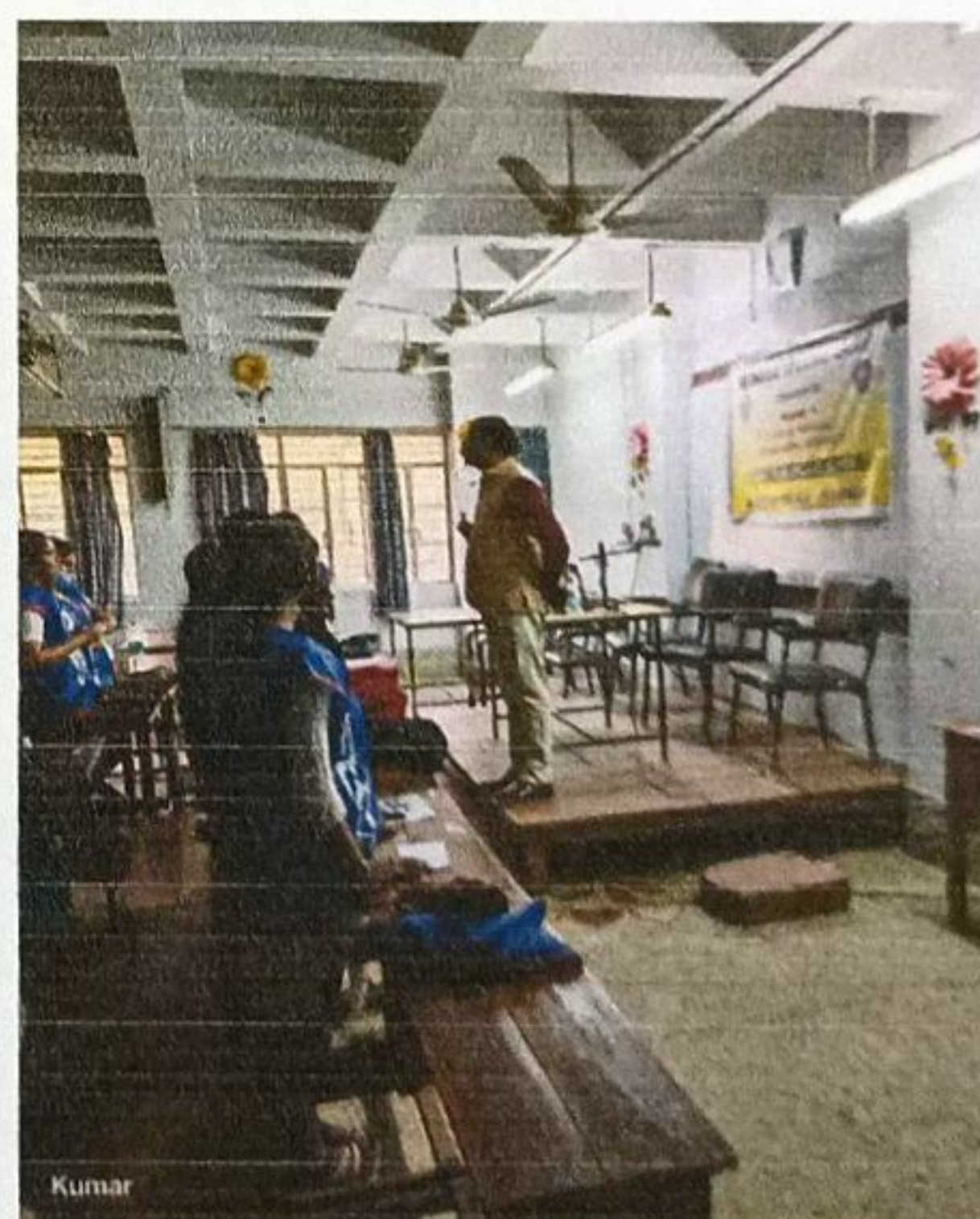


Day 3 – 15.02.2023 (Wednesday)

As usual, the yoga practice was there in the morning from 7 to 8.30. After the breakfast first session began. First session was a talk on vermicomposting by Dr. Barna Chakraborty, Assistant professor in Zoology, CDOE, Vidyasagar University. Dr. Chakraborty explained the audience which consists of several villagers – women, men, and children. Several questions were raised by the participants regarding vermicomposting.



After the lunch break, there was a session by Dr. Jayanta Kishore Nandi, the registrar of Vidyasagar University on the basics of motivation. The concept of motivation, various aspects of motivation, theoretical underpinnings of it etc. were discussed with very interesting examples. The session was a very interesting and lively one.



The next session was conducted by Professor Tapan Kumar De, professor of Philosophy, Vidyasagar University. He talked on the vision and mission of NSS. As the speaker is a former NSS coordinator as well, the talk gave the volunteers a clearer picture about NSS.

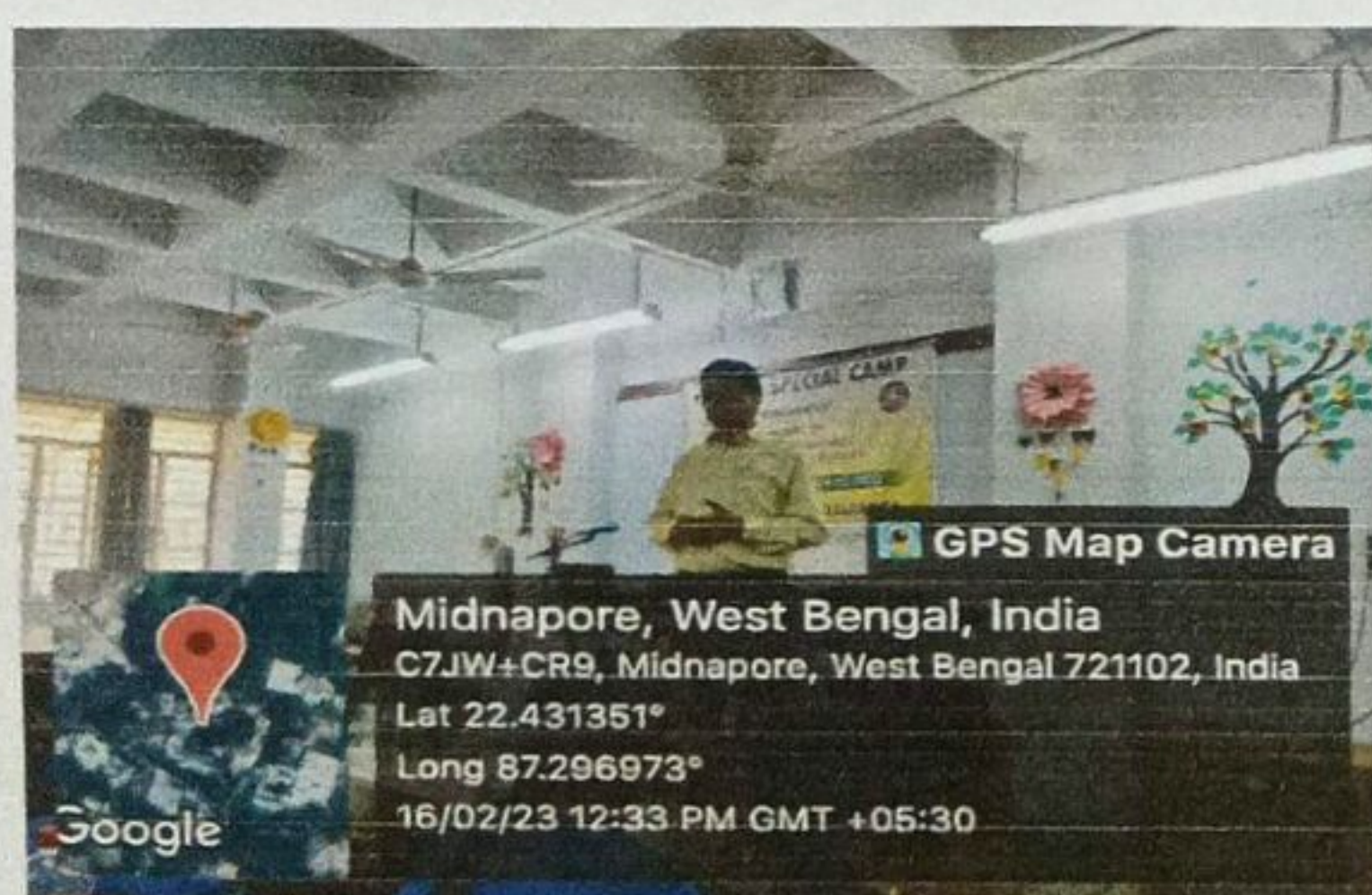


Day 4 – 16.02.2022 (Thrusday)

After the yoga practice and breakfast in the morning, the first session was handled by Professor Papia Gupta of Dept. of Philosophy of Vidyasagar University. As a former programme officer, she talked about various dimensions of the special camp. Her talk also emphasized on the gender angle in the notion of service which often gets overlooked.



The next session was handled by Dr. Abhijit Sinha, Associate Professor, Dept. of commerce, Vidyasagar University. The talk was on the basics of financial literacy. He talked about the notion of financial literacy, the glaring absence of financial literacy among people of many countries including India. He also stressed a great deal on the importance of financial literacy.



The post lunch session was on the problems associated with the use of plastic. The speaker was Dr. Misha Roy, Assistant Professor, Environmental Science, CDOE, Vidyasagar University.

Different environmental risks associated with plastic was presented in detail by Dr. Roy. The session helped the students to develop a more robust sense of environmental sensitivity.



Day 5 – 17.02.2022 (Friday)

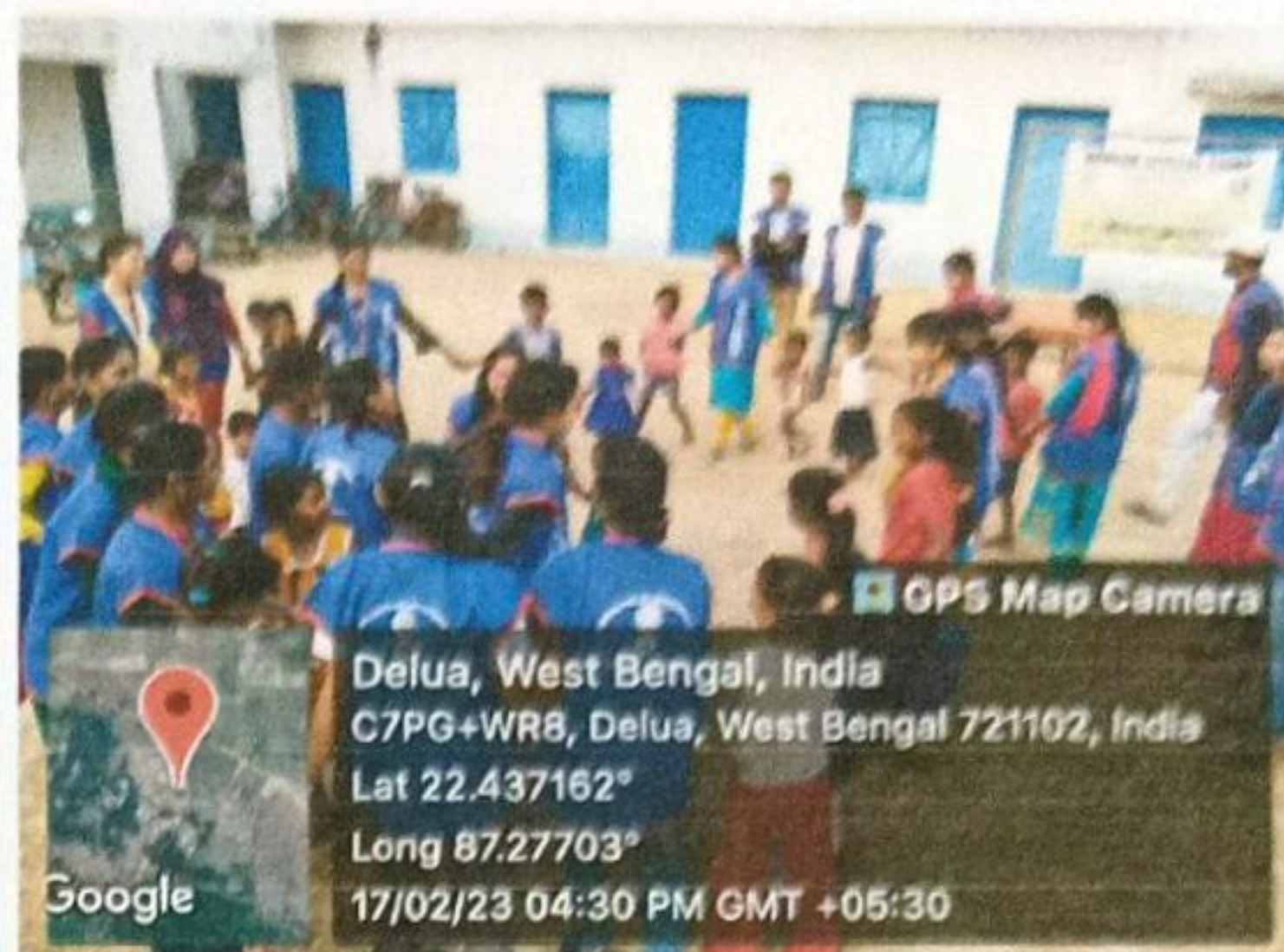
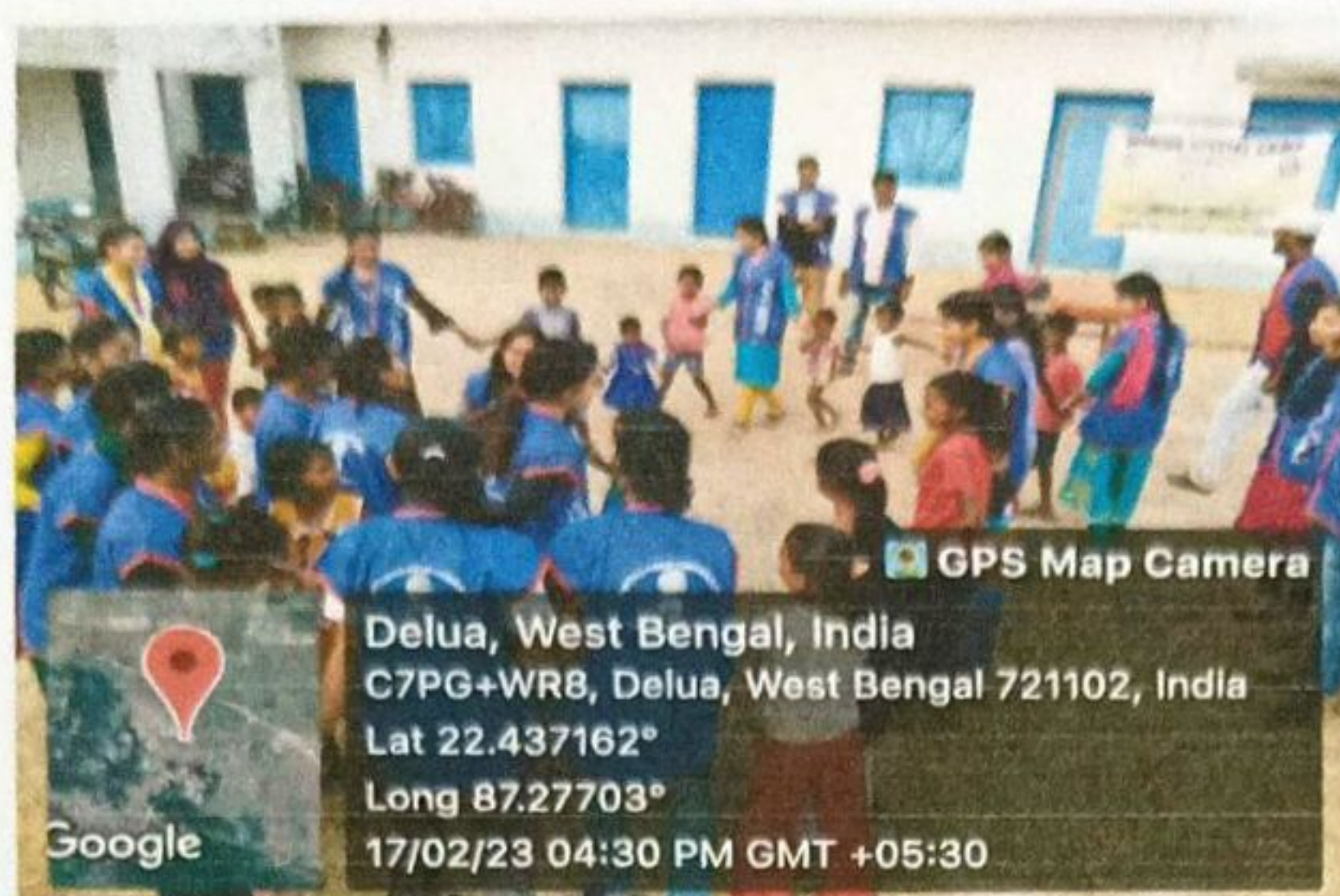
On the fourth day of the camp, as usual, there was the morning session of Yoga practice and breakfast. The first session was a lecture cum training program on beekeeping. The session was handled by Professor Prakash Karmakar of Dept. of Botany of Vidyasagar University. Presentation and the training program were also conducted by the research scholar of the Department Ms. Nandita Das.



In the next session, Dr. Sumana Bera, Associate Professor of Dept. of Philosophy of Vidyasagar University delivered a talk on various dimensions of analyzing the data of the village survey conducted by the volunteers as part of the camp.



During the post lunch session, the children of the adopted village, Taldanga, presented various cultural programs.



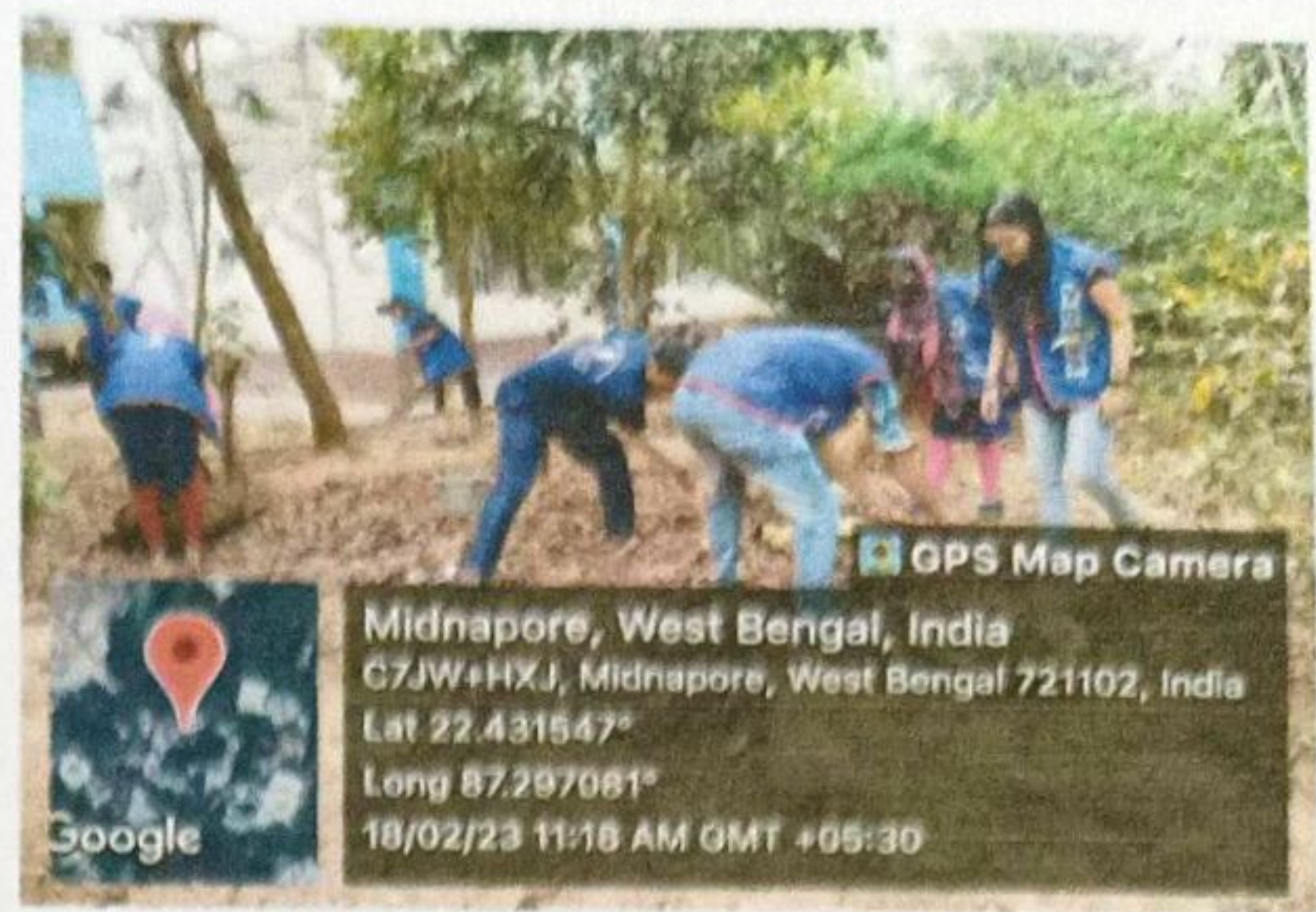
The next session was a training programme on mushroom cultivation. The session was conducted by Professor Debdulal Banerjee, professor of Botany, Vidyasagar University. Many villagers participated the programme and they learned the ways in which mushroom can be cultivated. Participants took the mushroom bed they prepared to their homes.



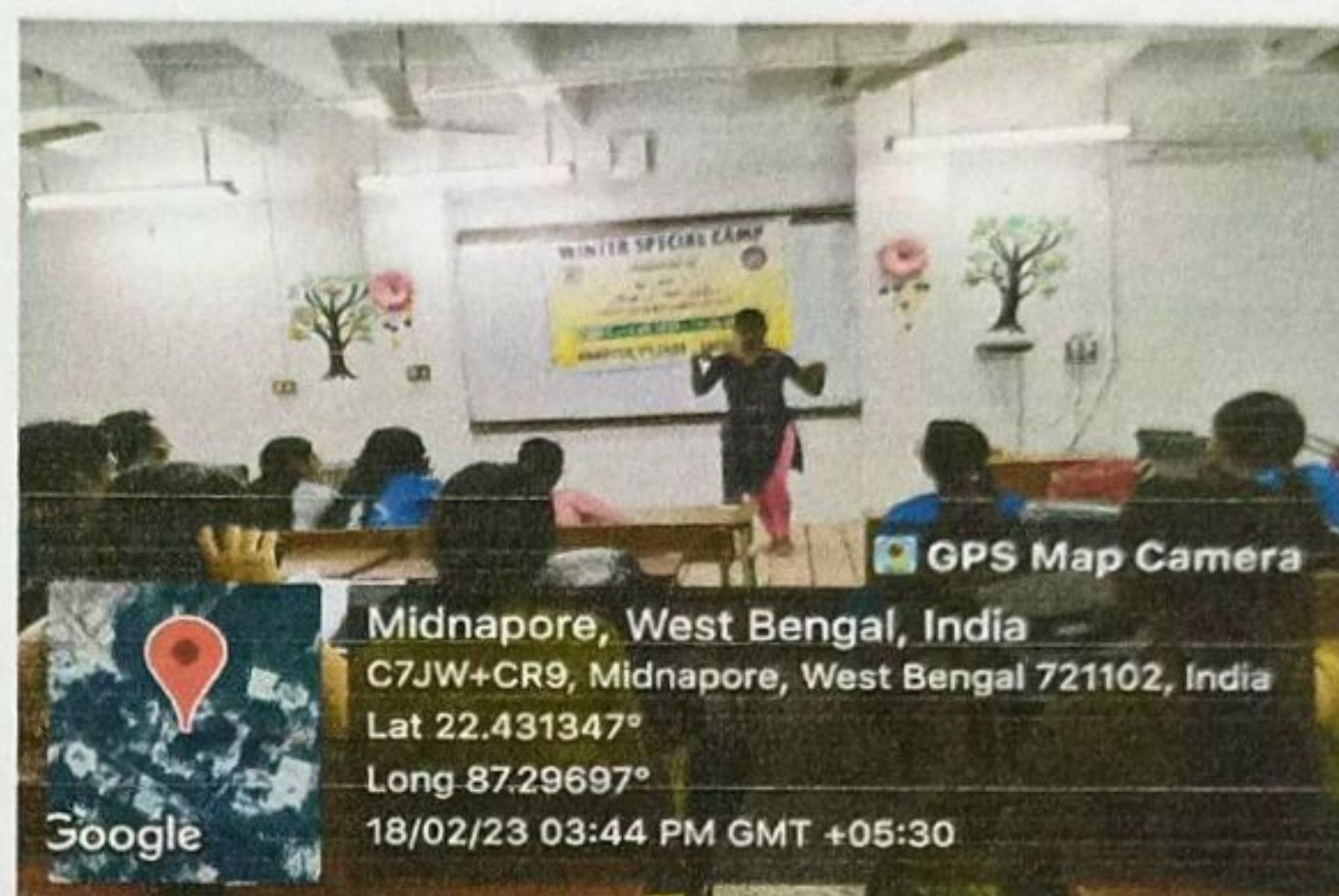
Day 6 – 18.02.2023 (Saturday)

After the morning yoga session and breakfast, the volunteers did a campus cleaning drive. A special care was taken to segregate the wastes appropriately.





The afternoon session witnessed a very lively cultural programme presented by the volunteers. It showcased various talents that are overtly and covertly present in them.



Day 7 – 19.02.2023 (Sunday)

On the last and final day of the camp after the morning session of yoga practice and breakfast, the volunteers were heading to the camp venue with heavy hearts as there won't be any camp on the next day. Cultural program was held during the morning session. Volunteers showcased their talents. Many interesting songs, dances, acting sessions, recitation etc. made the camp even more active than before.

After this session, the camp headed to the session where volunteers reflecting on their experiences during the camp. All the volunteers shared their experiences in the camp, the things they learned from it, their action plan for taking the village forward in general and the education of the children in the village in particular. Volunteers also pointed out the areas where we can improve to be a better NSS unit.





9 of 9

The valedictory session – the last final session of the camp- was graced by the august presence of the NSS coordinator of Vidyasagar University, Professor Debdulal Banerjee. Professor Banerjee interacted with the volunteers. Based on his interaction with the volunteers, and based on the experiences which volunteers shared, Professor Banerjee gave numerous suggestions to take the unit further ahead. The camp was reported by the Bengali news paper *Anandabazar Patrika*.



PROGRAMME OFFICER
NSS, Unit-IV
Vidyasagar University

Midnapore, West Bengal, India-721102

Dr. SREEJITH K. K.
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Midnapore, West Bengal, India-721102

NSS UNIT IV, VIDYASAGAR UNIVERSITY

Blood Donation Camp

A joint venture of NSS Unit IV, V, & X

December 7, 2022



Venue: DDE Hall, Vidyasagar University

Blood Donation Camp, December 2022

A blood donation camp was jointly conducted by Unit iv, v, and x on 7th of December 2022. The Venue of the programme was DDE Hall of Vidyasagar University. The camp was partially funded by HDFC bank. The Dean of science Professor Satyajit Saha inaugurated the camp. The coordinator of NSS Professor Debdulal Banerjee, representatives of the HDFC bank, the organising NSS programme officers Dr. Tripti Saha, Mrs. Amrita Gupta, and Dr. Sreejith K. K. along with other programme officers were also present.

Students, research scholars, faculties, and programme officers donated blood. A large number of students who were interested in donating blood could not do so due to health issues, not having sufficient weight etc.

Tiffin, and lunch were provided to each blood donor. A water bottle was given to each blood donor, sponsored by the HDFC bank, as a token of gratitude. The camp which began at around 11 am got over by 3 pm.

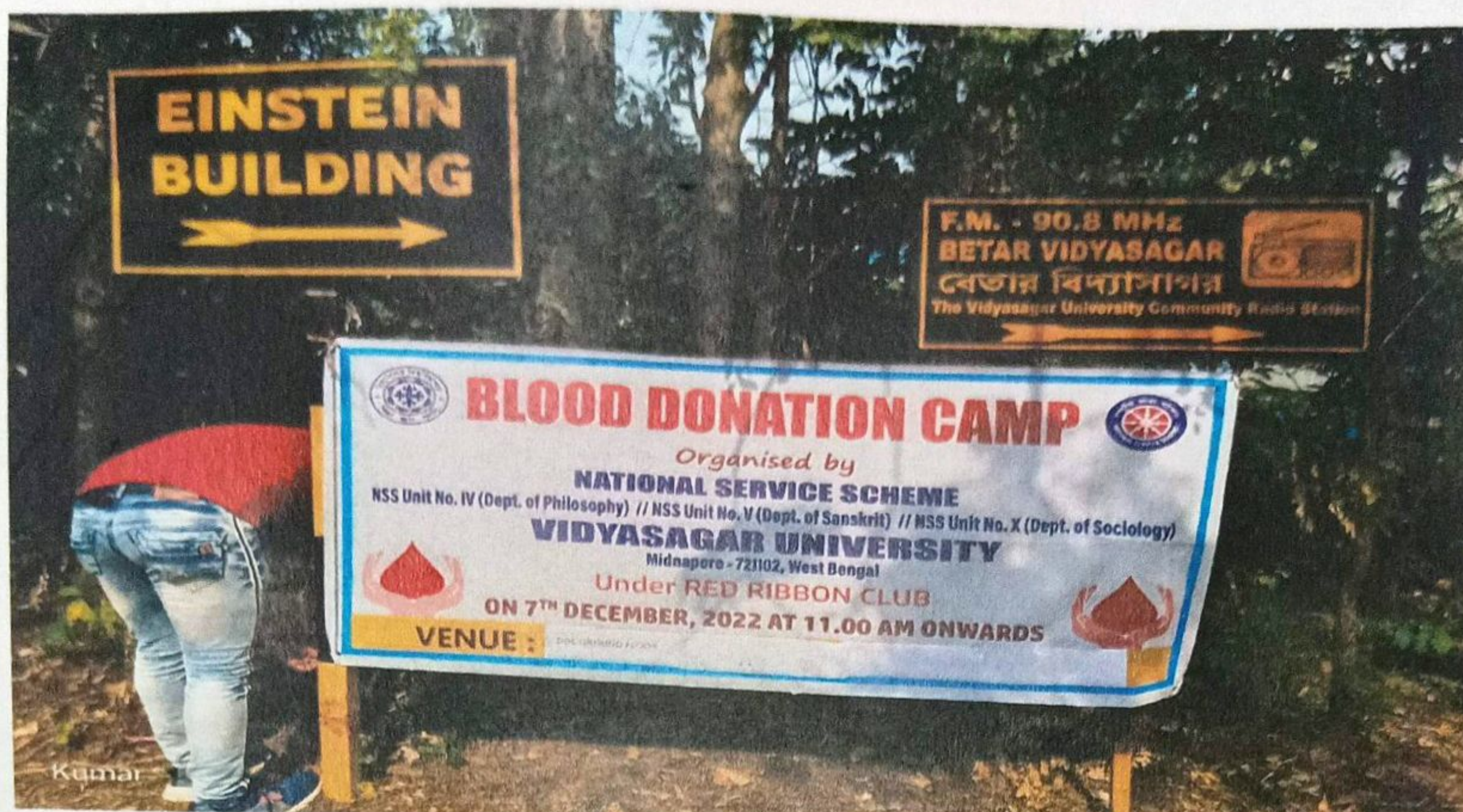
Glimpses of the camp



Volunteers donating blood



Friends and programme officer encouraging a student who is donating blood



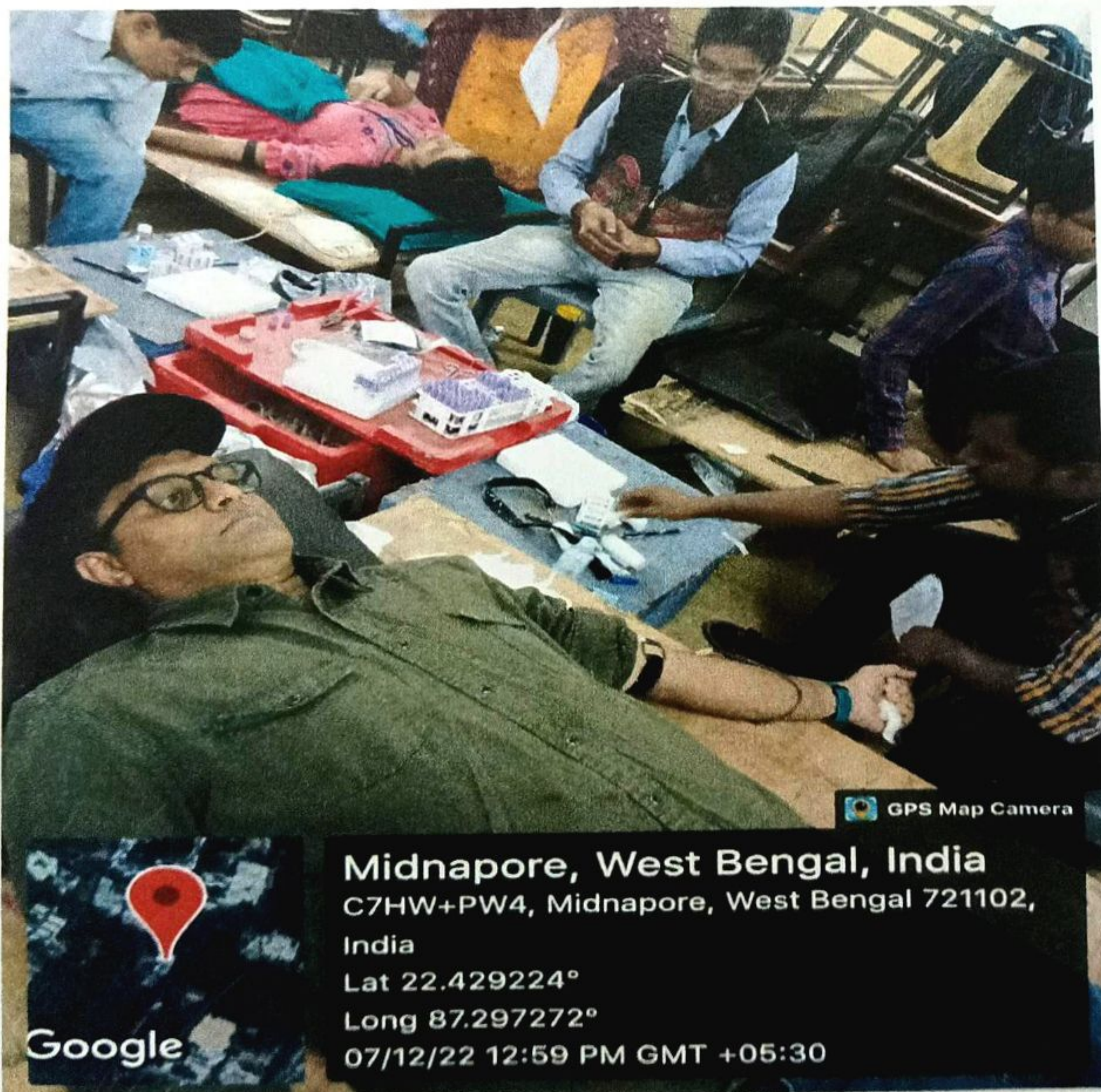
A volunteer tying the banner in the campus



Programme officer Unit V (Dept. of Sanskrit) Dr. Tripti Saha presenting the memento to a blood donor



Programme officer of Unit X (Dept. of Sociology, Mrs. Amrita Gupta donating blood)



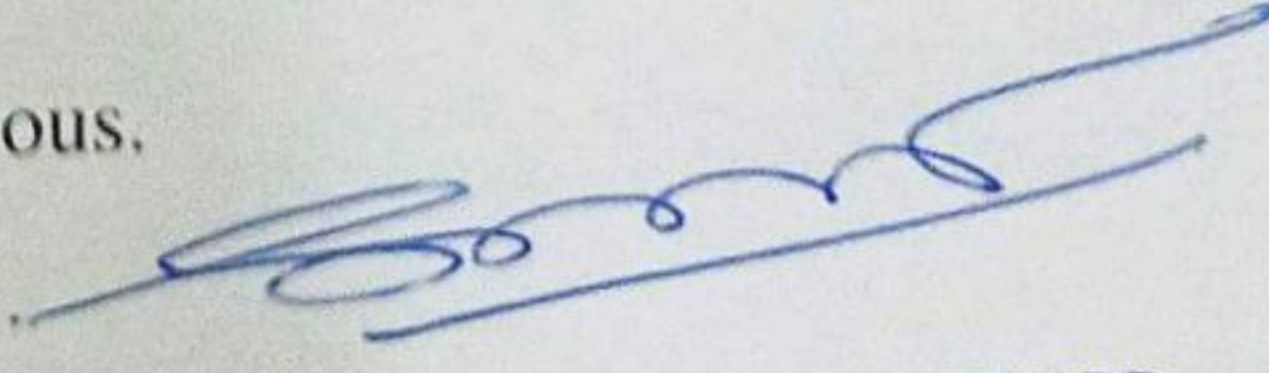
Programme officer of Unit IV (Dept. of Philosophy), Dr. Sreejith K. K. donating blood



Professor Debdulal Banerjee, the coordinator of NSS giving the memento to a blood donor.



A blood donor holding the hand of her friend while she felt anxious.


 PROGRAMME OFFICER
 NSS, Unit-IV
 Vidyasagar University
 Midnapore, West Bengal, India-721102

SPECIAL CAMP (NSS UNIT-II)

Duration: 24.03.2023-30.03.2023 (Total 7 days)

Organized by NSS UNIT- II, Vidyasagar University

Name & address of the Adopted village: Vill- Bagdubi, P.O. - Mataldanga,

P.S. – Mataldanga, Paschim Medinipur, W.B. 721102

A 7 day special camp was organized by NSS Unit-II at the adopted village Bagdubi, under the National Service Scheme from March 24–30, 2023. Fifty numbers of participants including the villagers have joined us in successfully completing the weeklong events. The programme has gone through the numbers of social activities for the betterment of the villagers as well as the society. The camp was formally inaugurated by the Dr. Jayanta kishore Nandi, Registrar, Vidyasagar University & Prof. Debdulal Banerjee, Coordinator, National Service Scheme (NSS) Vidyasagar University. In the inaugural session, the resource persons and programme officer explained about the importance of the camp, schedule of the camp, role & activities of participants, and the tasks that the volunteers have to carry out. Activities from the very beginning days like watering the earthen pots for birds on the rooftop and taking participants to the campus cleaning drive. The intensive door to door survey on education, health (public, Women, children) and culture (Language, folk literature, folk art, indigenous trees, folk medicine) has been carried out by the volunteers for further analysis. Yoga session and sustained cultural training were also given to the students of the primary school of adopted village. One legal awareness camp was organized for the volunteers and advocate Sri Banikanta Bhattacharya, senior advocate, Midnapore judge's court, imparted a lecture on legal awareness. Free eye check-up camp was also arranged for the dwellers of the adopted village and near about fifty patients had been checked out their eyes and given the necessary remedies and out of them 9 patients were selected for free cataract operation, by the Rotary Eye Hospital Midnapore. In final day a cultural competition (Dancing, Singing, Reciting and Drawing) was performed by the students of the primary school and the programme ended with thanks giving and singing National anthem and NSS song.





Nirupam Acharyya

Dr. Nirupam Acharyya
Assistant Professor
Dept. of Remote Sensing & GIS
VIDYASAGAR UNIVERSITY
Midnapore - 721102, W.B.

N S S Unit-II
VIDYASAGAR UNIVERSITY
Date- 12-04-2023

Blood Donation Camp

30th August 2022

A blood donation camp was jointly organized by NSS Unit- I (Botany), Unit-II (RS & GIS), & Unit-III (History) in collaboration with Red Ribbon Club on 30th august 2022 at Radhakrishnan Hall of Vidyasagar University. The Camp was formally inaugurated by Prof. Sibaji Pratim Basu, Honourable Vice Chancellor, Vidyasagar University. 60 volunteers came forward to donate blood during the camp which included faculty members, students & non-student donors. The entire team including volunteers, blood bank officers and donors provided with breakfast & lunch and the camp concluded at around 3.00 p.m. The blood donors were issued a blood donor certificate by state blood transfusion council, West Bengal.



Nirupam Acharyya

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N S S Unit-II
VIDYASAGAR UNIVERSITY
Date- 15-09-2022

Fit India Programme 3.0

21st October 2022

To promote physical fitness across the country Ministry of Youth affairs & Sports, New Delhi directed to participate in Fit India Freedom Run 3.0. In this regard NSS Unit-II (RS & GIS) of Vidyasagar University, organized a Bicycle Rally on 21st October 2022 in tune of the 'Fit India 3.0' programme to inspiring people to include physical activity, yoga and sports in their everyday lives. The bicycle rally was started from the Vivekananda statue, near Vivekananda Savagriha of the university and covering the 3km. road concluded at the Khola Hawa of the University. Total numbers of 30 volunteers including faculty members, non-teaching staffs, research scholars of the department willingly participated in this programme. The geo-tagged photograph had been taken during this event. The Regional Directorate of NSS (RDNSS Kolkata), Kolkata, West Bengal posted photographs of our activities to foster the event on their Twitter handle.



RDNSS Kolkata
@rdnss_kolkata

On the occasion of
#FitIndiaFreedomRun NSS
Volunteer of Vidyasagar
University, West Medinipur
organised cycle rally.
[@NisithPramanik](#) [@ianuragthakur](#)
[@pibyas](#) [@pankajsinghips](#)
[@YASMinistry](#) [@_NSSIndia](#)



5:04 pm · 21 Oct 22 · Twitter Web App



Nirupam Acharyya

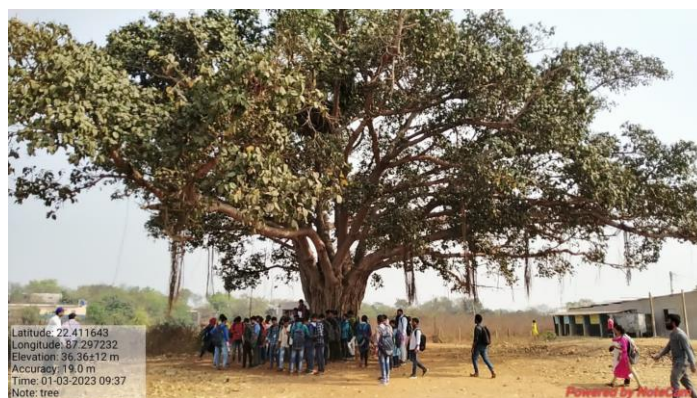
Dr. Nirupam Acharyya
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Midnapore - 721102, W.B.

N S S Unit-II
VIDYASAGAR UNIVERSITY

Date- 01-11-2022

Cleaning Programme Suryaster Hat, Midnapore-721102 1st March 2023

On the lateritic bank of Kangsabati River in Midnapore City, Suryaster Haat is a place developed by district administration, Govt. of West Bengal where the local people come across the district and from the outside to enjoy the open landscape, nature, sunset and scenic view of Kangsabati River. The NSS Unit-II organized a local cleanliness drive at Suryaster Hat to clean the campus of the Hat and to promote the hygiene's. The main objectives of this event was to improve campus hygiene, increase awareness and to promote sustainable practices and eco-friendly habits. Total of 60 volunteers including programme officer, other faculty members attended the programme and clean the campus. A Geo-tagged photographs have been taken during this programme.



Nirupam Acharyya

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Assistant Professor
Dept. of Remote Sensing & GIS
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Midnapore - 721102, W.B.

N S S Unit-II
VIDYASAGAR UNIVERSITY
Date- 12-03-2023

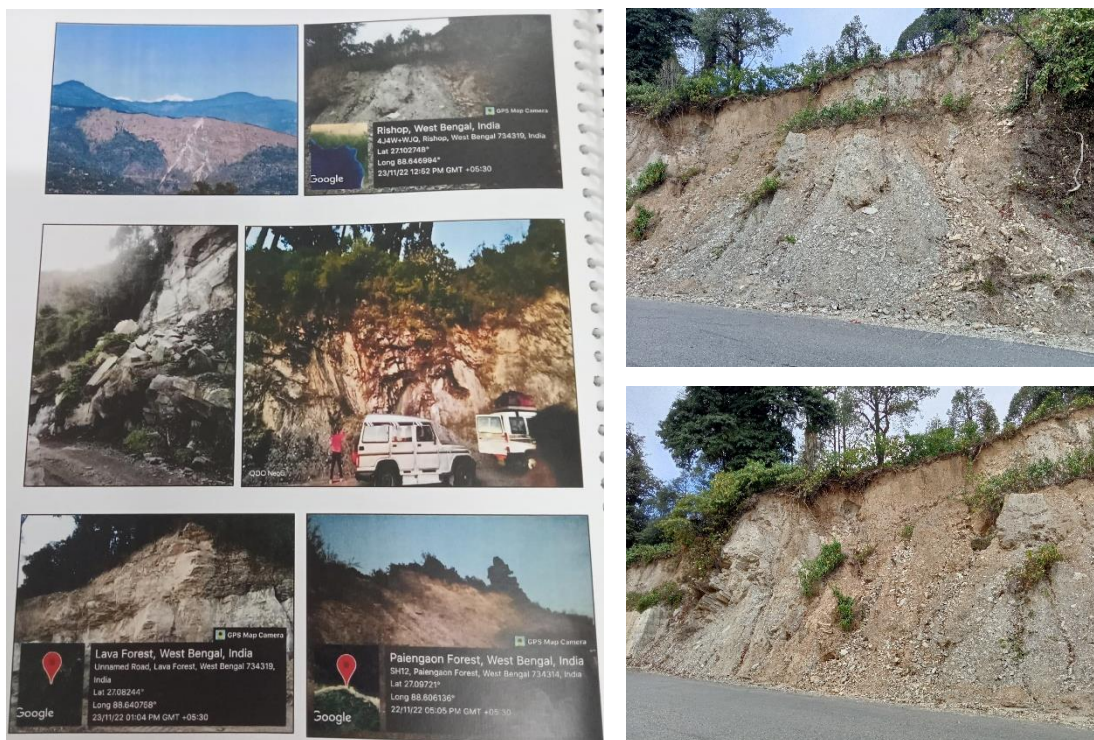
Dept. of Remote Sensing and GIS

Compulsory Field Work Semester-III

Midnapore-721102

20th to 26th November - 2022

A seven days compulsory field study was conducted with 3rd semester students from 20th to 26th November – 2022 in and around Kalimpong district, West Bengal for ground truthing and assessing landslide susceptibility zones. It is essential for the 3rd semester students to have a proper understanding of ground truth verification of satellite images for GIS database creation. In view of this we successfully conducted a field trip with 53 students to study the remote sensing based analysis of landslide susceptible zones of Kalimpong district with special reference to disaster mitigation. There are 30 landslide inventory points that were demarcated with the help previous landslides information. To delineate the zones that are highly susceptible to landslides, multiple factors were used and final landslide map has been composed so that the risk and damage can be reduced to a significant extent through proper land use planning. Geo-tagged field photographs has been taken by the students and a final report have been prepared.



Signature
6/12/2022
Head
Dept. of Remote Sensing & GIS
Vidyasagar University
Midnapore-721102, W.B.



Dept. of Remote Sensing and GIS

Compulsory Field Work Semester-I

Midnapore-721102

1st March 2023

A one day compulsory field survey was conducted for semester-I students of the department on 1st March 2023. The main objective of the study is to introduce the different field measuring instruments, instruments labelling and handling procedure furthermore to understand data collection methods. In addition to relate the satellite imagery with real earth some insitu information's from the ground was collected during the visit. From this survey work students got the opportunity to compare the lab based geo-metric measurements with the conventional measuring instruments on ground. Water and channel erosion structures and their properties were also identified and measured by the students. The entire route map of the field visit has been delineated through the data collected by handheld GPS and GIS software. Geo-tagged field photographs also been taken by the students and a final report notebook has been prepared.



Signature
13/3/2023
Head
Dept. of Remote Sensing & GIS
Vidyasagar University
Midnapore-721102, W.B.

Report on Outreach Programme: Eye-Check-up Camp

Date: 23rd February 2023

Location: Murakata Village, Nayagram, Benasuli, Paschim Medinipur.

Organized by: NSS Unit-V of Vidyasagar University.

Introduction

On the 23rd of February 2024, the National Service Scheme (NSS) Unit -V from Vidyasagar University organized an eye-check-up camp with the help of Midnapore Rotary Eye Hospital in Murakata Village. The primary aim of the camp was to provide essential eye care services to the villagers, raise awareness about eye health, and identify individuals requiring further medical attention.

Objectives

- To conduct free eye examinations for the residents of Murakata Village.
- To raise awareness about common eye problems and preventive measures.
- To identify individuals with serious eye conditions (cataract etc.) and refer them for advanced treatment and surgery if needed.

Preparations

Pre-Camp Activities:

- Coordination with local health authorities and community leaders to publicize the camp.
- Arranging necessary medical equipment and supplies for eye examinations.
- Mobilizing volunteers from the NSS team to assist with various camp activities.

Activities on the Day of the Camp

1. Registration and Initial Screening:

- Volunteers set up a registration desk where villagers provided their details.
- Basic screening to check vision acuity and gather preliminary health information.

2. Comprehensive Eye Examinations:

- Professional optometrists and ophthalmologists conducted detailed eye examinations, including tests for vision sharpness, cataracts and other eye conditions.
- Use of specialized equipment like autorefractors, slit lamps, and ophthalmoscopes to ensure thorough examinations.

Tripti Saha.
07.06.2024
Programme Officer
NSS Unit V / Sanskrit
Vidyasagar University
Midnapore

NP
07/06/2024
Head
Department of Sanskrit
Vidyasagar University

3. Health Education:

- Information sessions were held to educate villagers about common eye conditions, their symptoms, and preventive measures.

5. Referrals for Further Treatment:

- Identification of serious eye conditions requiring advanced medical intervention.
- Referrals to nearby hospitals and eye clinics for further diagnosis and treatment.

Outcomes

- **Number of Beneficiaries:** Over 80 villagers received eye check-ups.
- **Referrals:** Around 10 individuals were referred to specialized eye care facilities for further treatment.
- **Awareness Raised:** Increased awareness about eye health and preventive care among the villagers.

Challenges

- **Logistical Issues:** Transporting equipment to the remote village required careful planning.
- **High Demand:** The number of villagers seeking eye care exceeded expectations, necessitating extended hours of operation.

Feedback

- **Community Response:** The villagers expressed gratitude for the eye care services provided. Many highlighted the need for regular eye check-ups and follow-up camps.
- **Volunteer Experience:** NSS volunteers gained valuable experience in organizing and conducting health camps, fostering a sense of community service and teamwork.

Conclusion

The eye-check-up camp organized by the NSS Unit-V of Vidyasagar University in Murakata Village was a resounding success. It not only provided essential eye care services to the villagers but also raised significant awareness about eye health. The positive impact of this outreach programme underscores the importance of regular community health initiatives and the vital role of NSS in promoting public health and well-being.

Recommendations

- **Regular Camps:** Organize regular eye-check-up camps and other health camps in remote villages.
- **Follow-Up:** Ensure follow-up on referrals to ensure patients receive the necessary advanced treatment.
- **Collaboration:** Continue collaboration with local health authorities and specialists to enhance the scope and impact of future camps.

This detailed report highlights the efforts and outcomes of the NSS team's eye-check-up camp, demonstrating their commitment to community service and public health.



Report on Outreach Programme 7-Day Winter Special Camp by National Service Scheme (NSS), Unit – V/ Sanskrit, Vidyasagar University.

Camp : Winter Special Camp

Organiser : NSS- Unit V,VU.

Department : Sanskrit.

University : Vidyasagar University

Adopted Village : Murakata, Benasuli, Paschim Medinipur.

No. of Volunteers : 45

No. of Village Volunteers : 05

Total No. of Volunteers : 50

Date : 03.02.2023 --- 09.02/2023.

Introduction

The National Service Scheme (NSS) Unit –V,VU organized a 7-day winter special camp with the objective of engaging students in community service and outreach activities. The camp included a variety of activities designed to benefit both the participants and the local community, emphasizing cleanliness, health, education, sustainable farming, and cultural exchange.

Day 1: Campus Cleaning

The camp began with watering the plant by Prof. Satyajit Saha, Dean, Faculty of Science. Then Volunteers sung a song, a Motivational Speech was delivered by Prof. Debdulal Banerjee, N.S.S. Co-ordinator V.U. After some short speech from other professors a campus cleaning drive was initiated. NSS volunteers cleaned the NSS Unit-V campus, including classrooms and surrounding areas. This activity aimed to promote the importance of a clean and healthy environment.

Tripti Saha.
07.06.2024
Programme Officer
NSS Unit V / Sanskrit
Vidyasagar University
Midnapore

NPB
7/06/2024
Head
Department of Sanskrit
Vidyasagar University



Activities:

- Sweeping the classrooms and corridors
- Clearing litter from outdoor spaces.

Outcome: The campus cleaning activity instilled a sense of responsibility towards maintaining a clean environment and fostered teamwork among the volunteers.

Day 2: Survey of Village People , Murakata School Campus Cleaning.

On the second day, Mr. Sandip Das (TIC, Murakata Primary School) introduced his school in a short speech. Awareness Programme for the School children to keep the school campus clean and plastic free. Volunteers conducted a survey in the Murakata village to gather data on the socio-economic status and needs of the residents. This information aimed to guide future community service initiatives.

Activities:

- Door-to-door interviews with villagers
- Collecting data on health, education, employment, and living conditions
- Compiling and analyzing survey results.

Outcome: The survey provided valuable insights into the community's needs, helping to tailor future outreach programs more effectively.

Day 3: Lecture and Interaction on Animal Husbandry by Ankur Mandal, Seat and Draw Competition.

An expert in animal husbandry, Ankur Mandal (Senior Supervisor, Animal Resource Development) conducted a lecture and interactive session. The session focused on modern animal husbandry practices to improve livestock health and productivity. A Seat and Draw Competition conducted by our volunteers for school children.



Activities:

- Educational lecture on animal husbandry practices
- Discussion on common livestock diseases and their prevention
- Interactive Q&A session with villagers.

Outcome: Participants gained practical knowledge on maintaining livestock health, which could lead to improved productivity and economic benefits for the villagers.

Day 4: Medical Health Check-up Camp .

A medical health check-up camp was organized by Dr. Mustafizur Rahaman Mallick M.B.B.S. (Medinipur Medical College) and Dr.S.A. Hossen (Chikitsa Care, Medinipur) to provide free health screenings and medical advice to the village community. This initiative aimed to improve the overall health and well-being of the villagers.



Activities:

- Conducting general health check-ups (e.g., blood pressure, blood sugar levels)
- Providing free medications and health advice
- Health education talks on common health issues .

Outcome: The medical camp enhanced health awareness and provided essential medical services, West Bengal, contributing to the improved health of the village residents.

Day 5: Deliberation and Demonstration on Vermicomposting .

A lecture entitled “ Vermicomposting: An Eco-friendly approach for Sustainable Farming “ was held to educate villagers on eco-friendly farming practices by Dr. Barna Chakraborty (Asst. Prof. Zoology,V.U.CDOE, PI,Pilot Project, Vermi Composting,V.U.) The demonstration highlighted the benefits of using organic waste to produce high-quality compost.



Activities:

- Lecture on the principles and benefits of vermicomposting

- Live demonstration of setting up a vermicomposting unit .
- **Outcome:** The session promoted sustainable farming practices and offered an effective method for organic waste management, benefiting both the environment and agricultural productivity.

Day 6: Awareness on Cyber Security by Mr. Prabhash Singh .

Mr. Prabhash Singh (Asst. Controller, V.U.) was delivered a lecture entitled “Awareness of Cyber Security “ and conducted a session on cyber security, focusing on protecting personal information and staying safe online. The session covered various cyber threats and preventive measures.



Activities:

- Presentation on common cyber threats and how to avoid them
- Tips on creating strong passwords and safe internet practices
- Interactive session with real-life examples of cyber security breaches.

Outcome: Participants became more aware of cyber security issues and learned essential practices to protect themselves from online threats, thereby promoting a safer digital environment.

Day 7: Cultural Programme

The camp concluded with a cultural programme, Prize distribution for. Sit and Draw competition, showcasing the talents of the participants through the students of Local Primary School and volunteers by various performances. This event celebrated cultural diversity and fostered a sense of community.



Activities:

- Traditional dance and music performances
- Prize distribution and closing ceremony.

Outcome: The cultural programme provided a platform for creative expression and cultural exchange, strengthening community bonds and marking a festive end to the camp.

Conclusion

The 7-day winter special camp by NSS was a successful initiative that had a positive impact on both the volunteers and the local community. The diverse activities conducted during the camp promoted community development, health awareness, sustainable practices, and cultural enrichment, fulfilling the objectives of the National Service Scheme. Anandabazar Patrika reported our programme on 13th February, 2023.





NSS REPORT
Vidyasagar University
Department of Sociology
Unit X

NSS Report from July 2022 to JUNE 2023

1. Annual Status of Education Report (ASER)

Date: 9.09.2022 to 11.09.2022

Number of participants: 7

The NSS Cell of Vidyasagar University, in collaboration with Pratham, an NGO dedicated to improving education in India, conducted an ASER (Annual Status of Education Report) survey from 9th to 11th September 2022. The initiative aimed to evaluate the educational quality in several villages of the Midnapore District, focusing on both quantitative and qualitative aspects of the education system.

The ASER survey involved a thorough training program for the volunteers, which lasted for 10 hours. This training was designed to equip the volunteers with the necessary skills and knowledge to conduct the survey effectively. Following the training, the field survey was conducted over 15 hours, covering various villages, including Shasinda, Maninathpur, Purshuri, Chaktarini, and Shalika. These villages are situated within the Narayangarh, Chandrokona-I, Salboni, and Kharagpur-I blocks.

Seven volunteers from NSS Unit X participated in this survey, working in pairs to gather comprehensive data. The survey focused on several key indicators of educational quality, such as the number of government and private schools, student enrolment in these schools, teacher availability for each subject, the number of classrooms, and other relevant parameters.

The primary objective of this endeavour was to understand the educational landscape in these villages, identify gaps, and provide insights for future interventions. The collaboration with

Pratham ensured the use of high-quality, low-cost, and replicable methods to address the challenges in the education system.





NSS REPORT
Vidyasagar University
Department of Sociology
Unit X

NSS Report from July 2022 to JUNE 2023

1. Blood Donation Camp

Date: 07.12.2022

Number of Participant: 20

On 7th December 2022, a Blood Donation Camp was held at Pandit Ravishankar Bhavan on the Vidyasagar University campus. This event was organized by the NSS unit X (Sociology & Hindi) along with Philosophy, and Sanskrit, in collaboration with Red Ribbon Club. It was sponsored by HDFC Bank. The camp commenced at 11 am onwards and saw active participation from students and university staff members.

The event aimed to encourage the university community to contribute to a noble cause, with approximately 70 individuals stepping forward to donate blood. The organizers ensured a smooth and efficient process, with medical professionals overseeing the blood collection.

To express gratitude and support the well-being of the donors, the organizers provided healthy snacks, including bananas, boiled eggs, and juice. Each donor also received a bottle of water to stay hydrated. These measures were taken to ensure that the donors remained healthy and comfortable throughout the process.

The blood donation camp not only demonstrated the spirit of community service within Vidyasagar University but also highlighted the importance of blood donation in saving lives. The collaborative effort of the three departments and the enthusiastic participation of the

university members made the event a significant success. This initiative reinforced the university's commitment to social responsibility and community engagement.



A poster for a Blood Donation Camp. At the top left is the Vidyasagar University logo, and at the top right is the National Service Scheme (NSS) logo. The main title "BLOOD DONATION CAMP" is in large, bold, red capital letters. Below it, "Organised by" is in a smaller, italicized font, followed by "NATIONAL SERVICE SCHEME" in bold blue capital letters. The next line lists the organizing units: "NSS Unit No. IV (Dept. of Philosophy) // NSS Unit No. V (Dept. of Sanskrit) // NSS Unit No. X (Dept. of Sociology)". Below this is "VIDYASAGAR UNIVERSITY" in bold blue capital letters, followed by "Midnapore - 721102, West Bengal" in a smaller font. The text "Under RED RIBBON CLUB" is in red capital letters. The date and time "ON 7TH DECEMBER, 2022 AT 11.00 AM ONWARDS" are in bold red capital letters. At the bottom, a yellow banner contains the venue "VENUE : PANDIT RAVISHANKAR BHAVAN, VU" in bold black capital letters. On either side of the date and time text, there is an illustration of two hands holding a red blood drop.

BLOOD DONATION CAMP

Organised by
NATIONAL SERVICE SCHEME

NSS Unit No. IV (Dept. of Philosophy) // NSS Unit No. V (Dept. of Sanskrit) // NSS Unit No. X (Dept. of Sociology)

VIDYASAGAR UNIVERSITY
Midnapore - 721102, West Bengal

Under RED RIBBON CLUB

ON 7TH DECEMBER, 2022 AT 11.00 AM ONWARDS

VENUE : PANDIT RAVISHANKAR BHAVAN, VU



NSS REPORT
Vidyasagar University
Department of Sociology
Unit X

NSS Report from July 2022 to JUNE 2023

1. One-day Theatre workshop organized

Date: 26.08.2022

Number of participant: 15

A One-Day Theatre Workshop was organized by the NSS unit X (Sociology and Hindi) along with XI (English), V (Sanskrit), VI (Santali) of Vidyasagar University. This enriching event took place at the Radha Krishna Hall and was graced by the presence of Prof. Sivaji Pratim Basu, Vice-Chancellor of Vidyasagar University.

The workshop was conducted by the "ইচ্ছেমতো" (Ichchhemoto) theatre organization, giving importance to theatrical training. The workshop was divided into two phases: an educational phase and a practical phase.

In the initial phase, participants were introduced to various techniques, including performing situations without verbal communication. This phase aimed to provide a solid theoretical foundation for the participants. The practical phase involved active engagement, where participants were given a scenario to act out.

At the start, theatre group members instructed students to form a circle and encouraged them to interact beyond their departmental groups, fostering a sense of unity and collective spirit. A concentration exercise followed, highlighting the importance of focus in performing arts.

Participants were then trained to deliver a single piece of dialogue with different emotions, demonstrating the versatility required in acting. Additionally, exercises promoting collective action and teamwork were conducted, underscoring the significance of cooperation in theatrical performances.

This workshop not only enhanced the participants' acting skills but also contributed to their personal development by encouraging teamwork and concentration.





NSS REPORT
Vidyasagar University
Department of Sociology
Unit X

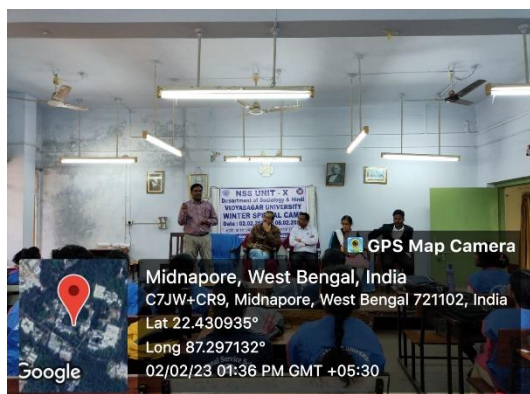
NSS Report from July 2022 to JUNE 2023

1. NSS Winter Special Camp

Date: 02.02.2023 to 08.02.2023

Number of participant:50

The Winter Special Camp in Delua (adopted village) commenced on 2nd February with an inaugural program held in the Department of Sociology at 12:30 p.m. Dean of Science Prof Satyajit Saha, the karate Instructor DR. Easin Khan (assistant Professor, Pol Science). Dr. Tripti Saha (PO unit V) Dr. Pramod E Kumar Prasad (Head, Hindi department) and the PO of unit X were present in the inaugural program. Following this, a Karate Training session was conducted on the university campus grounds, led by a professional karate trainer, engaging interested participants.

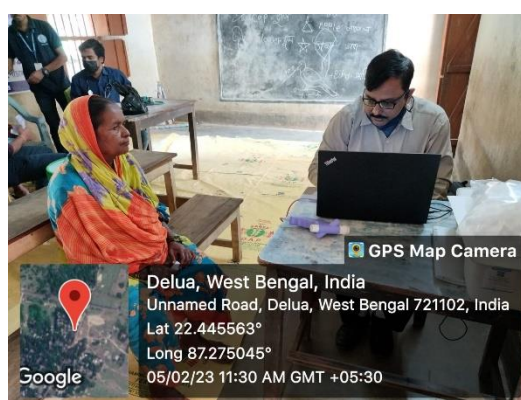
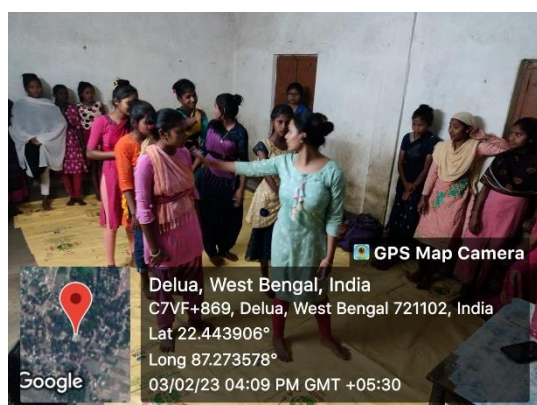
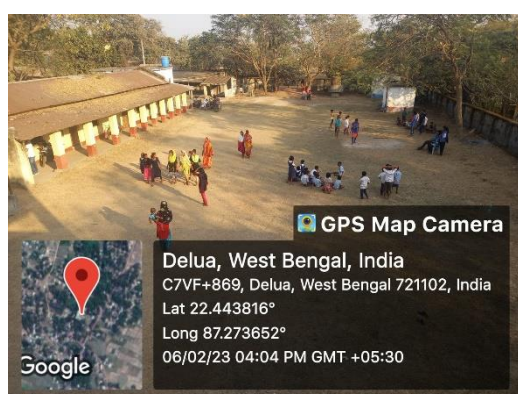


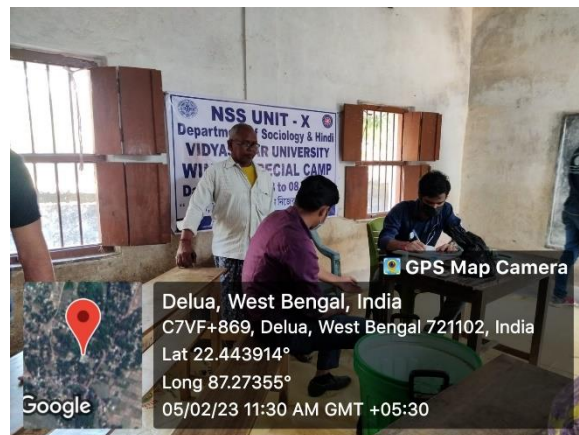
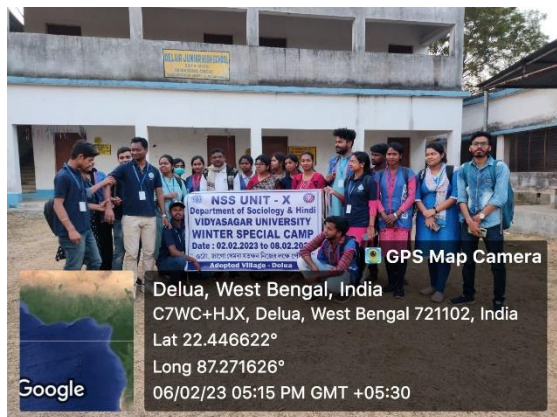
On 03.02.2023 February, starting at 10:30 a.m., groups of volunteers visited the Unit X adopted village of Delua, Medinipur, to conduct a comprehensive village survey. The afternoon was dedicated to forming a sports team for cricket training, while other volunteers engaged in

education, cultural, and arts and crafts activities. On 4.02.2023 they conducted yoga sessions, drawing, recitation, and cultural programs, and provided DIY craft training to village women. Karate training sessions continued in the evening.

The activities on 5.02.2023 included a village Health Camp, where volunteers arrived at 10:00 a.m. to provide essential health services. On 06.02.2023 at 10:30 a.m. a lecture by Dr. Suchandra Ghosh (Assistant Professor of Sociology, Jhargram Raj College Girls wing), titled **“Violence in the personal/private domain: Debating in Public Interest”** was organised followed by a school survey at 1:30 p.m. Later in the afternoon, Dr. Eyasin Khan, assistant professor of Political Science, VU delivered an insightful lecture to the villagers on women’s rights.

On 7th February, at 1:00 p.m., volunteers organized a drawing competition, cultural training, yoga sessions, cricket training, and other cultural activities for the villagers and children. The following day, 8th February, saw a culmination of the camp's activities. From 1:00 p.m. onwards, the participants and designated teams conducted a cultural program, and a cricket match, and concluded with a prize distribution ceremony for the villagers.







NSS REPORT
Vidyasagar University
Department of Sociology
Unit X

NSS Report from July 2022 to JUNE 2023

1. Youth Convention (যুবসম্মেলন)

Date: 22.01.2023

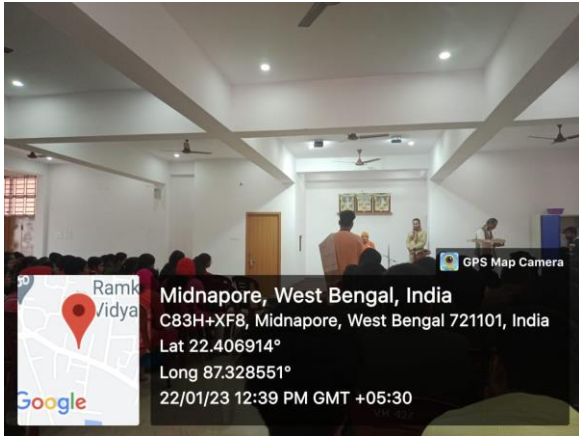
Number of Participant:4

A **Youth Convention** titled '*Focus of the Mind*' was held on 22nd January 2023 from 8:30 am to 12:30 pm at Vivekananda Hall, Ramakrishna Math, Midnapore. The event featured Swami Amatyananda Maharaj as the main speaker, who delivered an inspiring and insightful speech on the importance of maintaining focus and achieving one's aims.

The youth, often referred to as “সমাজ গড়ার কারিগর” (Builders of Society), are considered the backbone of society. However, they can sometimes lose their direction and become aimless. Programs like this convention play a crucial role in guiding young people back to their focus and helping them stay positive and goal-oriented.

Swami Amatyananda Maharaj's speech was profoundly knowledgeable and motivational, resonating deeply with the audience. He emphasized the significance of mental focus in achieving success and the importance of having clear objectives in life. His words encouraged all attendees, particularly the youth, to remain steadfast in their pursuits and not be swayed by distractions.

Four volunteers from the NSS Unit X attended the program. The event was hosted at the Ramkrishna Math, Midnapore, a branch of the Ramkrishna Math, Belur (Howrah, West Bengal), known for its spiritual and educational initiatives.





**Adivasi Divas Celebrated on 09.08.2022,
Venue: Santali Dept. Class room, V.U.**

Vidyasagar University al Adivasi Students and Research Scholars Association, Vidyasagar University collaboration with the Department of Santali, V.U. celebrated International Day of World Indigenous Peoples 2023 on 10.08.2022 (instead of 9th August, 2022) at the Department of Santali, V.U.

The theme was focus on 'The Role of Indigenous Women in the preservation and Transmission of Traditional Knowledge' The Hon'ble Vice-Chancellor Professor Sibaji Pratim Basu, has inaugurated the program and presided over the session by Dr. Ratan Hembram.

The programme has started with the inaugural songs with the Students. Dr. Sushil Hansda, Ex-I.C., Vidyasagar university was present as a guest in chief. Professor Tapan Kumar De, The Dean, Faculty Council of Arts and Commerce, V.U. Many other resource persons were present from various colleges and Universities.

About 55 Students were present and participated in the programme.

The all faculty members of Santali department and Research Scholar were also present present and delivered speech on the significant of the Day.



**“Birthday Celebration of Sadhu Ramchand Murmu & Pandit Raghunath Murmu” on- 04.05.2023
Venue: Dept. of Santali, V.U**

The Birthday Celebration of Sadhu Ramchand Murmu and Pandit Raguhunath Murmu has organized by the Department of Santali, V.U. Collaboration with the NSS Unit – VI (Santali Department) dated on the 4th May, 2023 instead of 5th May, 2023 in the Department of Santali, V.U. the 126th Birthday Celebration of Sadhu Ramchand Murmu and the 118th Birthday Celebration of Pandit Raghunath Murmu has been Celebrated.

The Hon’ble V.C. Professor Pabitra Kumar Chakraborty was present as an inaugurator. Professor debdulal banarjee was present as a special guest.

About 120 Students has been present in the programme. The Students sing the welcome songs, welcome addres given by Dr. Ratan Hembram.

Vote of thanks given by Dr. Khudiram Murmu, The Hon’ble Vice-Chancellor motivated Students by his valuable speech, other dignitaries’ guests and Faculty delivered on the achievement of mentioned both Santali Literatures.



Birsha Munda Death Memorial day on 09.06.2023
Venue: Santali Dept. room, V.U.

The Birsha Munda death memorial day has been celebrated on 09.06.2023 at the venue Department of Santali, Vidyasagar University, Midnapore-721102, W.B.

The programme was chaired by Dr. Ratan Hembram. All the Faculty members were delivered lectures on the importance and significant of the day.

About 90 Students were present in this programme.

The Vote of Thanks was given by Sri Shyamcharan Hembrom, Asst. Prof., dept. of Santali, V.U.



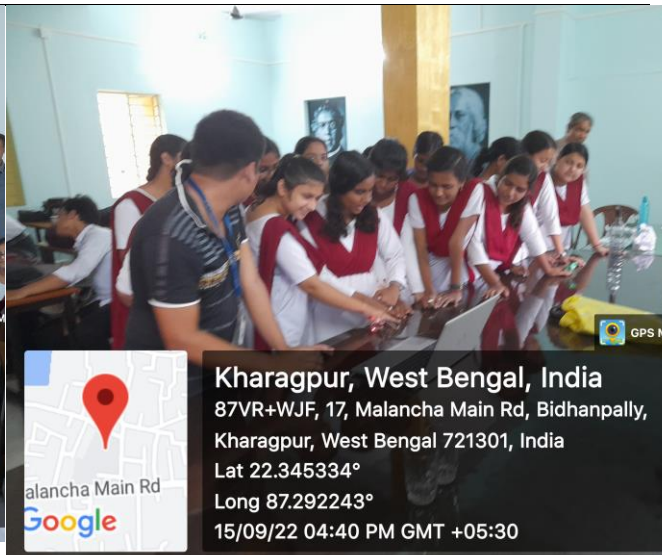
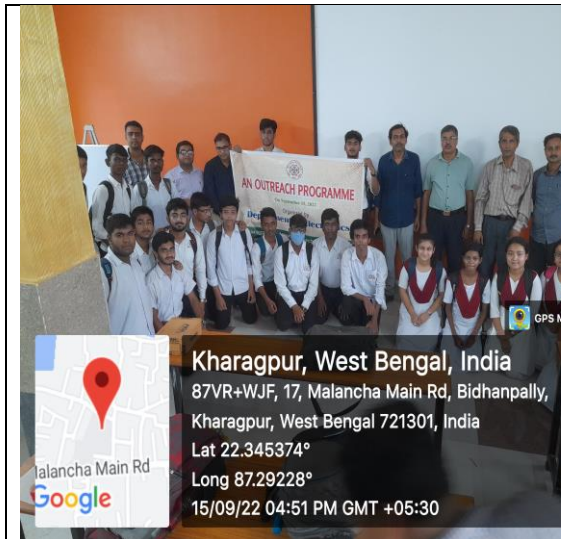
**Hool Maha Celebrated On 30.06.2023,
Venue: B.N. Sasmal Hall, V.U.**

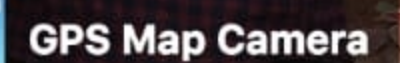
The 169th Hool day celebration was celebrated on 30th June, 2023 in the Department of Santali. This programme was organized in collaboration with Centre for Adivasi studies and Musium (CASM) and the department of Santali, V.U.

Dr. Jayanta Kishore Nandi, The Register, V.U. was inaugurated the programme. The programme was chaired by Professor Sumohan Bandyopadhyaya, Director, CASM, V.U. Dr. Ashok Kumar, Dean of student's welfare, V.U. was present as a special guest, Dr. Sushil Kumar Hansda, Ex-Inspector of colleges, V.U. was present as a guest of Honour.

The students to sing the inaugural songs, welcome addressed by Dr. Ratan Hembram, Head, Dept. of Santali, V.U., The Arjun Hembram, Dilip kumar Mandi, Profesor Amit Kumar kisku and all Faculty members of Santali department were also present in the programme.

Vote of Thanks was given by Sri Shyamcharan Hembrom. Aboout 125 Students were present in the Hool day celebration.

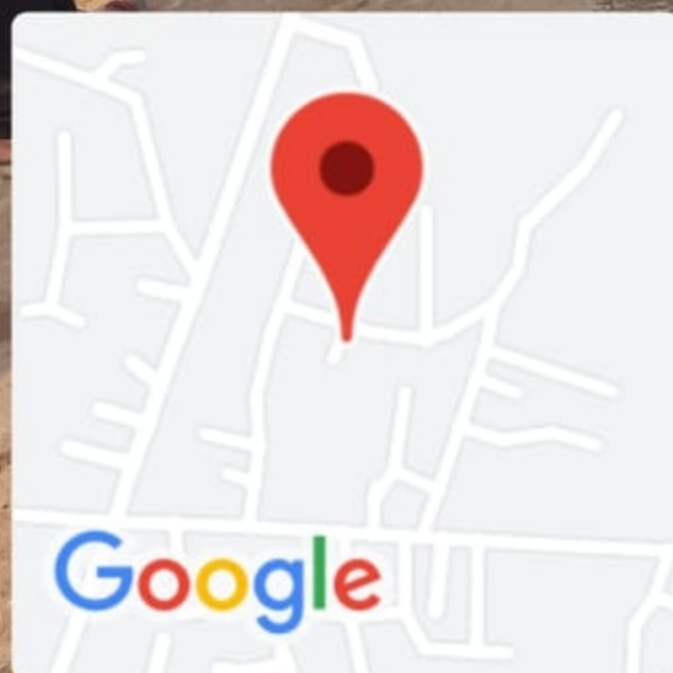




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Midnapore, West Bengal, India

Unnamed Road, Midnapore, West Bengal 721102, India

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Celebration of NSS Day

NSS Day was observed on 23rd September, 2022 in BN Sasmal Seminar hall to mark the foundation of National Service Scheme to sensitize youth of the nation about nation building exercises. On this occasion, Oath Ceremony was organized by all faculties of the Institute during the morning assembly. Apart from this NSS Unit of the Institute also organized Speech Competition on the topic of “Role of NSS Volunteers and Youth in the Development of the Nation”.



Campus cleaning on occasion of Vidyasagar Jayanti and Swachhata Action Plan

Volunteers were inspired by the real time examples of the “Swachh Bharat Abhiyan”. So volunteers of NSS decided to serve the University a clean campus on the occasion of Vidyasagar Jayanti on 26.9.22.



Plantation Programmes

Plantation Programme was organised on 20.7.22. In this work we as an unit worked for our society and also tried to set an example to the people that, how to bring back our environment. Plantation Programme was organised in our University campus and some areas, where people had cut trees.



Celebration of International Youth Day

International Youth Day celebration rally and seminar were held on 12/08/2022 at Vidyasagar University with the help of ministry of health, Govt of West Bengal.



Awareness on AIDS

On the occasion of World Aids Day, the unit of NSS goes to adopted village and awares the people about HIV. On the day of 1st December, 2022 the volunteers of NSS attended a seminar on the AIDS awareness programme.



Apart from these programmes, blood donation, blanket distribution, etc. programmes were also conducted.