



VIDYASAGAR UNIVERSITY
Midnapore – 721 102
West Bengal

Phone: (03222) 276554/555/557/558
Fax No.: (03222) 275329
Website: vidyasagar.ac.in

4.1.2 - The institution has adequate facilities for cultural activities, yoga, games (indoor, outdoor) and sports. (gymnasium, yoga centre, auditorium, etc.)

The university boasts state-of-the-art sports facilities catering to a variety of games, both indoors and outdoors.

Indoor Facilities include a Gymnasium, Badminton Courts, Table Tennis, Chess, and Yoga & Meditation.

Outdoor Facilities encompass a Multi-sports complex, playgrounds for outdoor sports such as Football, Cricket, and Athletics, as well as dedicated courts for Volleyball, Kabaddi, Kho-Kho, and Basketball.

For further details on these facilities, please refer to the attached file.

The university actively encourages student participation in both indoor and outdoor sports throughout the year. The Department of Student Welfare (DSW) and the Sports Officer oversee the maintenance and expansion of these facilities for students and staff.

Every year, the DSW and Sports Officer organize a variety of sports and games activities, including participation in East Zone & All India Inter-University Tournaments, for students from the university and affiliated colleges.

Additionally, the university's Yoga Department offers programs on meditation and general well-being, complementing its academic courses.